Vote for Vic

Park in People's Choice Award 2014

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Night time the right time

Safety scheme brings the community together

SEE PAGE 11

Quay to success

Head to West India for our walk of the month

SEE PAGES 18 & 19

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TOWER HAMLETS eastendlife

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

GRUB'S UP!

Free school meals for all primary pupils launched

BY IAN READ

THOUSANDS of primary school children are tucking into a free, hot and nutritious lunch every day after the council extended its school meals scheme.

Last year it started providing free school meals for all reception and year 1 pupils and it has now expanded this to include all primary school children.

Just three other local authorities in the country currently provide free meals for all primary pupils and it goes further than the government's new policy, which only caters for the first three year groups.

Mayor Lutfur Rahman launched the scheme last week when he joined pupils for lunch at Chisenhale Primary School in Bow.

He said: "We know the importance of making sure every child has a hot and nutritious meal every day. Healthy children make better learners and the high performance of the schools in Tower Hamlets is testament to this."

And the pupils were certainly happy to tuck in. Magnus Thackway, 10, said: "Everything about the food is really good. I normally eat a different meal every day and I enjoy trying new things."

Amelia Noor, 10, said: "When it gets cold I can have a hot meal and when it's hot I can have something cold. All the meals are really yummy. My mum used to be a chef and the food is just as good here. I get nice food all the time."

Every primary school pupil in the borough, including those at non council-run schools such as free schools and academies, have been entitled to a free school meal since the start of term, regardless of their family's income.

Cllr Gulam Robbani, cabinet member for education and children's services, who went along to Chisenhale school, said: "Back in my day it was all boiled cabbage and lumpy mashed potato but I was delighted to hear how things have changed.

"The children themselves say they look forward to lunchtime because the meals are tasty and healthy."

Continued on page 5

Mayor Lutfur Rahman joins pupils for lunch at Chisenhale Primary School

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West-to-east tunnel

The Thames Tideway Tunnel – the 'super sewer' – will be 15 miles long and cost an estimated £4 billion.

SEE BELOW

'Several years of upheaval to park'

Campaigners say plans for the so-called 'super sewer' involve extensive works in King Edward Memorial Park (left) that would have a severe impact on vegetation, wildlife and the Thames Path.

FULL STORY BELOW

News

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MORE than 3,500 people took a trip to 'the beach' as part of the Chrisp Street Festival in Poplar.
East India Square, outside the Idea Store, transformed into a family beach on Sunday, September 7 with a swimming pool, large sand area, donkey rides and fairground favourites including a helter skelter.
And there was plenty more going on in the market square with singing, dancing, food and poetry.
(Pictured) Nabeel, aged 5, and Amelia, 4, play on the 'beach'

'Disappointment' as sewer gets green light

BY STAFF REPORTER

A COMMUNITY action group, which has led a four-year campaign opposing the local impact of the construction of the Thames Tideway Tunnel, said news that the scheme had been given the go-ahead was disappointing.

Government ministers Eric Pickles and Elizabeth Truss published their decision last Friday, September 12 to make an order granting development consent for the 15-mile tunnel.

Thames Water, which is leading the multi-billion pound project, says the 'super sewer' will help modernise London's ageing Victorian sewerage system and make the River Thames cleaner and safer.

Construction of the tunnel, running from west to east London, is expected to start in 2016 and be completed by 2023.

However, King Edward Memorial Park in Wapping is earmarked as one of the construction sites when the local section of the tunnel is built.

And campaigners, including residents and community groups, say the development would be at the expense of the only park left in a much built-up area.

Just hours after the government's decision was announced, chair of the SaveKEMP campaign Carl Dunsire told East End Life: "It's a blow for us and for other community groups."

He said the campaigners would look through the report carefully and then consider options for the way forward.

He also hopes to meet the council to consider any future courses of action.

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NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

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Free school meals for all primary pupils launched

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Blooming marvellous displays

London in Bloom is an annual competition, which is open to all 33 London boroughs to encourage communities to make lasting improvements to their neighbourhoods.

WWW.LONDONINBLOOM.CO.UK

Sign of excellence

The Green Flag Award scheme recognises and rewards the best green spaces in the country.

SEE BELOW

Top award for borough blooms

BY SHALINA HUSSAIN

THE borough is blooming with pride after being presented with a Gold award at this year's prestigious London in Bloom competition.

The accolade was awarded at the London in Bloom competition run by the Royal Horticultural Society, which feeds into the national competition – Britain in Bloom.

The London-wide competition encourages communities, residents and businesses to work together to make the capital a greener and cleaner place to live, work and visit.

Specific awards were also given.

First prizes went to Lady Mico's Almshouses in the Community Garden category and to Rocky Park Urban Gardens for the Best Allotment.

Winterton House Organic Garden was marked as 'outstanding' for the Your Neighbourhood section while Zander Court Garden Club and Teesdale and Hollybush Community Tenants & Residents' Association were judged as 'thriving' in the Your Neighbourhood section.

Cllr Shafiqul Haque, cabinet member for culture, said: "I would like to thank everyone who has taken the time and effort to brighten up our community by turning their garden, balcony, school grounds and any space they have into a floral mural. Well done!"

London in Bloom judges visited the borough in July when they were taken on a tour of parks, community gardens and open spaces.

Sights included the sunken gardens in Victoria Park – reminiscent of the floral displays from the 1840s when the park first opened – and several community gardens boasting wonderful displays.

They also took in the beautiful floral exhibits at Bethnal Green Museum Garden and Trinity Square Gardens, and checked out the borough's biodiversity at the Mile End Park Ecology Park.

The awards ceremony took place on September 8 at The Kia Oval, home of Surrey County Cricket Club. For more information about parks and open spaces visit **www.towerhamlets.gov.uk**

Cllr Shafiqul Haque with park staff, who have helped win a Gold award in this year's London in Bloom competition

Rocky Park Urban Gardens won the Best Allotment award

News in brief

An Irish welcome

VISITORS are being promised a warm Irish welcome at a gathering on Friday, September 19. Neighbours in Poplar is hosting the event at St Matthias Community Centre, 113 Poplar High Street, E14 from 1.30-3.30pm.

It will feature opportunities to chat and share memories, cultural values and traditions. Everyone is welcome, entrance costs £2 at the door.

Call 7987 0257 or visit **www.neighboursinpoplar.org.uk**

Security van stolen

BRITISH Transport Police (BTP) want to hear from anyone travelling through Blackwall DLR station on September 2 who may have seen someone acting suspiciously.

A white Serco security van, registration BF13 FSA, was stolen from Ditchburn Street, outside the station, at around 9.30am.

Anyone with information should call BTP on 0800 405040, or text 61016, quoting reference 149 of 2 September, or call Crimestoppers on 0800 555111.

Don't tell the bride

A TELEVISON series, which gives grooms three weeks and a free £12,000 to plan a wedding without any involvement by the bride, is looking for couples from Tower Hamlets.

The show, Don't Tell the Bride, is looking for couples getting married this year. Email **dttb@applyfortheshow.com**

Host of edible delights await

COMMUNITY food growing spaces in school playgrounds, on housing estates, on city farms, on rooftops and even in a disused cemetery will open to the public for Edible Open Gardens Day this Saturday, September 20.

Stepney City Farm, John Scurr School in Stepney Green, Wapping Women's Centre, Rocky Park allotment in Bethnal Green and Tower Hamlets Cemetery Park, Mile End are among venues that will be showcasing their produce.

The Friends of Tower Hamlets Cemetery Park will team up with pop-up platform Grub Club to lead a wild food walk. Guests will learn about the edible plants in the park, before enjoying a dish cooked from the vegetation picked on the day.

Places must be booked in advance at **tinyurl.com/lxfw9gd,** and for a full list of venues visit **www.bigdig.org.uk/london**

Ken Greenway picks rosehips in the Cemetery Park

'People's Park' needs you

VICTORIA Park is going head to head with some of the best open spaces in the country in a bid to win the People's Choice Award 2014.

The annual award gives the public the power to decide which one of the 1,482 Green Flag Award sites should be crowned Park of the Year in an online vote. Victoria Park won the prestigious accolade in 2012 and was runner-up in 2013 – and is now keen to reclaim the title.

The park retained its Green Flag status this year – awards given annually in recognition of exceptional high quality green public spaces.

Mayor Lutfur Rahman said: "Residents in the borough are spoilt for choice with not just one but six Green Flag award-winning parks. Victoria Park is an outstanding open space which is enjoyed by visitors and residents alike."

Victoria Park boasts 86 hectares of lush greenery and had a £12 million revamp in 2012.

The park hosts a wide range of formal and informal sports, sponsored activities, events and festivals throughout the year.

To vote for Victoria Park log onto **tinyurl.com/n5cd500**

The closing date is September 30, and the winner will be revealed on October 16.

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Cooking up 30,000 meals for kids

There are 25,271 primary school pupils in Tower Hamlets and the council's catering service provides more than 30,000 school lunches each day, including meals for secondary schools.

SEE THE MENU AT WWW.MYSCHOOLLUNCH.CO.UK/TOWERHAMLETS

Reporting fake goods

To report the sale of counterfeit or fake goods, contact the council on 7364 5008 or email...

TRADINGSTANDARDS@TOWERHAMLETS.GOV.UK

Grub's up...

Continued from page 1

Head teacher Helen James said 310 more pupils at her school were now enjoying a free meal every day.

"I see what a difference it makes when a child has a healthy, hot meal inside them," she said.

"The children learn to try new foods and have a sociable lunchtime together.

"It also helps them to work better in the afternoon after a proper lunch."

(Left) Nathan tucks into his school lunch

A FLOTILLA of tall ships sailed past the Isle of Dogs as they left Greenwich last Tuesday after being moored along the river, including at Wood Wharf, as part of the Royal Greenwich Tall Ships Festival.

News in brief

Kray brothers talk

BILL Beadle, chairman of the Whitechapel Society, will give a talk about the Kray brothers to raise funds for the Bethnal Green disaster memorial.

The talk will take place at 6.15pm on Saturday, September 27 at St John on Bethnal Green Church, at the corner of Roman Road and Cambridge Heath Road.

Proceeds from the event will go towards the completion of the memorial in Bethnal Green Gardens, in honour of 173 people who died as a result of a crush on the stairwell at Bethnal Green Tube Station during WWII.

Tickets cost £7.50 if booked in advance or £10 on the door – call the charity office on 01474 702513 or 07722 162168.

Visit **www.stairwaytoheavenmemorial.org**

Photos of Bow folk

AN exhibition of photographs of older people who were born and brought up in Roman Road has opened in Bow.

Photographer Georgia Patsouraki has been documenting older people's lives for a project called Humans of Roman Road.

The exhibition is at St Paul's Church in St Stephen's Road until September 6 and entry is free.

How would you spend and save?

BY SUSAN MULLIGAN

THE council is inviting all residents to take part in its biggest public consultation to date.

Your Borough, Your Voice aims to identify residents' priorities for the borough, as government reductions increasingly impact on the public purse.

The council has so far managed the impact of government funding reductions, protecting frontline services.

It has continued to build more new homes than any other area and has supported residents through the rising cost of living – for example, providing free school meals and protection from welfare reform.

The council is now asking residents for views about the choices that will enable it to meet reduced budget constraints.

It would like to hear from all residents, service users and stakeholders about how it can work differently and deliver services in a new way.

In line with the borough's previous approach to meeting budget requirements, it is keen to ensure that frontline services are protected and that the most vulnerable people continue to have the support they need.

A range of savings options have been developed, where possible having no direct impact on services to residents.

However, those that do affect residents are available for comment and consideration. These can be found at **www.towerhamlets.gov.uk/YourBorough**

Residents can choose to participate in the consultation through online channels, such as My Tower Hamlets on the council's website or in person at events that are being held over coming weeks.

Mayor Lutfur Rahman said: "Unprecedented government cuts are forcing us to make hard choices about how we continue to deliver services to residents.

"We are looking at new delivery models and new ways of involving local people.

"We are absolutely committed to ensuring that frontline services are protected and that our most vulnerable residents continue to receive the services that they need. This has been a hallmark of our work to date, and is still a priority for the council.

"Your Borough, Your Voice is one of our key channels to listen to residents' views on our approach. I would urge residents to participate in this important campaign."

To provide views and to keep up to date with the campaign, go to **www.towerhamlets.gov.uk/YourBorough** or sign up to My Tower Hamlets on the council's website at **www.towerhamlets.gov.uk** or call 7364 4697 by October 5.

Unsafe phone chargers

A TRADER on Whitechapel Market has been fined for selling unsafe mobile phone chargers and counterfeit phone accessories.

Mumtaz Ahmad of Natal Road, Ilford pleaded guilty to an offence under the Consumer Protection Act at Thames Magistrates' Court on September 4.

He was fined £1,000 and ordered to pay £1,500 costs and a victim surcharge of £100.

The case arose from raids by the police and council trading standards officers when a mobile phone charger was seized from Ahmad's market stall.

An electrical safety expert reported that the charger was unsafe as the adaptor did not ensure protection against foreseeable hazards, with a risk of fire and electric shock.

FUNDING OPPORTUNITIES FOR ACTIVITIES 2015

Action for Bow
bromley by bow centre

The Trustees of Action for Bow invite applications for grants to support projects in Bow East and Bow West wards

Priorities for funding in 2015 are:

- training and employment projects encouraging young people to become economically active
- projects supporting sports and healthy living for all cultural opportunities for all
- healthy living initiatives especially intergenerational projects and those supporting older people
- community safety initiatives, especially those supporting women and teenagers
- supporting projects with getting people into employment
- supporting projects for people with mental and physical disability

Grants for these autumn activities, usually not exceeding £10,000 to be available from January 2015, may be discussed with Ahmed Hussain below.

Closing Date for Applications: 5.00pm on Friday 17th October 2014.

Applications and Enquiries:
Please write to Ahmed Hussain at Bromley by Bow Centre, Learning Team, St Leonards Street, London E3 3BT

Call him direct on **020 8709 9729** or email him at **ahmed.hussain@bbbc.org.uk**

Planning ahead

"This is our fourth party and it's great to hear people getting in touch to say they are looking forward to the next one!"

ORGANISER TONY HART

Making her mark in history

Sylvia Pankhurst established a toy factory in Norman Grove which employed women to make the toys that could no longer be imported from Germany. Some were sold in Selfridges.

SEE BELOW

News

Young and old partying like it's 1919

BY LARAINE CLAY

IF you took a visit to Norman Grove in Bow last weekend you might have thought you had gone back in time.

Children were apple bobbing, racing home-made go-karts, dressing up and playing cricket while dogs scavenged for sausages.

Residents were re-living the time when, in 1914, Sylvia Pankhurst opened a toy factory at what is now 45 Norman Grove to provide jobs for East End women. She also established an on-site crèche to enable mothers to work.

The centenary event was held on Saturday, September 6 and one of the organisers Tony Hart said it was a great success.

"I think people in and around our street are proud of its place in history.

"Parents I know around here certainly love to tell their children about Sylvia Pankhurst and what she and others who strove for social change achieved here in the East End," he said.

Last year Mr Hart was given a photo taken in 1919 of a street party in what was then called Norman Road, and he decided to re-stage it last Saturday.

"The old photo shows just how connected people were. Perhaps because of Sylvia and that past we are all pretty-well connected to this day, but really getting together once a year like this is a sure way of making new local friends young and old."

Around 200 residents came out to share food, games and to bring the street's Suffragette links to life, local artists Margareta Kern and Sarah Corbett led a children's workshop about protest.

Twenty children made sashes and placards reminiscent of those carried by those who campaigned for Votes for Women. The youngsters staged their own march in Norman Grove, shouting their demands – including world peace, homes for everyone and a living wage for all as well as more cookies and sweets!

(Top) A photo from last weekend's street party set up to reflect the picture (far right) taken in Norman Road in 1919 to mark the Armistice and the end of World War I (right) Children dressed up for the street party celebrating Sylvia Pankhurst's links with Norman Grove

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A confidence boost for those in need

"Our peer support workers are really valued. We are looking for people who have had personal experience of mental illness who understand how difficult it can be to get back on track."

PEER SUPPORT CO-ORDINATOR SUSAN HENRY (LEFT)

Look out for signs

Men are more likely to die from cancer than women, because they drink and smoke more and have a poorer diet.

SEE BELOW

Cyclists pedal 280 miles for charity cash

A GROUP of cyclists from a Tower Hill company have completed a 280-mile ride to Paris to raise funds for a hospital's work saving the lives of new-born babies.

Employees from Donban Contracting in Trinity Square decided to take on the challenge after the neo-natal unit at King's College Hospital in Camberwell cared for the baby daughter of their colleague Brian Higgins.

Brian said baby Hannah was sent to the unit the evening she was born last September 28. Initially he and his wife Siobhan did not know what was wrong with her but she was eventually diagnosed with a rare condition called Rubinstein Taybi Syndrome

But Brian said: "This was never the focus for the team in the neo-natal unit, they just treated Hannah's symptoms and concentrated on getting her better.

"We remained on the unit for six months, the staff felt like family by the end and they all knew Hannah really well.

"It's amazing the work they do and the lives they save – we wanted to give something back."

The 14 cyclists left Trinity Square early on September 5 and arrived in Paris the following day having raised £12,000, well over their initial £5,000 target.

Brian Higgins and his daughter Hannah with some of the cyclists who cycled to Paris to raise money for King's College Hospital

Spot signs and beat cancer

BY JESSICA ODUBAYO

MEN in Tower Hamlets are being encouraged to face up to cancer and seek help if they suspect any symptoms.

Every year around 80,000 men in the UK die from cancer, most commonly bowel, lung and prostate cancer.

And GPs say many of these deaths could be prevented by getting help earlier or by living more healthily.

Local GPs also say men are 40 per cent more likely to die from cancer than women, mainly because they generally drink and smoke more, and have a poorer diet. Men also tend to wait longer before seeking help after spotting signs of cancer.

GP Sam Everington, chair of Tower Hamlets Clinical Commissioning Group (CCG), said: "It's so much more common for my male patients to put a brave face on something that could turn out to be really serious. We are more able to help if we can detect cancers early. Being aware of the signs and acting on them could save your life."

As part of the nationwide Blue September awareness campaign for men, residents are being asked to look out for the signs and symptoms of cancer.

- Bowel cancer: blood in your stools; unexplained change in your bowel habits; and/or unexplained weight loss.
- Lung cancer: persistent cough; coughing up blood; persistent breathlessness; unexplained tiredness and weight loss; an ache or pain when breathing or coughing.
- Prostate cancer: needing to urinate more frequently, especially at night; difficulty urinating or taking a long time to finish; blood in urine and pain during sex.
- Skin cancer: appearance of a new mole or a change in an existing mole.
- Testicular cancer: a painless lump or swelling in the testicles; a dull ache or a feeling of heaviness in the scrotum.

The NHS offers free advice and health checks to anyone aged 40-74, including advice on losing weight, stopping smoking or cutting down on alcohol to reduce the risk of cancer and other diseases.

Trust seeks 'buddies' for new scheme

A MENTAL health trust is seeking local 'buddies' who can help former patients find their feet after a period of time in hospital.

East London NHS Foundation Trust hosts a peer support service which provides one-to-one emotional and practical support to service users both on in-patient mental health wards and in the community.

When discharged from hospital, many people experience isolation and loneliness and find that support provides a valuable source of social contact.

A peer support worker can help former patients to explore what's going on in their local area, give them an extra boost of confidence by accompanying them to appointments or just meeting for a coffee.

The trust is looking to recruit a new group of peer support workers, who must have direct lived experience of both mental ill health and personal recovery. The role requires excellent communication and interpersonal skills, a willingness to safely share experience, as well as an ability to work independently and as part of a team.

Successful recruits will undertake a City & Guilds accredited peer support training. For details contact Susan Henry on 8510 8630 or email **susan.henry@eastlondon.nhs.uk**

Make sure you keep an eye on your health

LOCAL GPs are reminding diabetes patients to keep an eye on their health, ahead of National Eye Health Week from September 22-28.

Approximately 4,200 people each year are at risk of blindness or sight loss caused by diabetic retinopathy.

The NHS diabetic eye screening programme aims to reduce the high rates of sight loss through the condition, through early diagnosis and effective treatment.

The programme also supports patients to manage their blood sugar levels and blood pressure, which is a major cause of patients developing retinopathy.

Dr Sam Everington, chair of NHS Tower Hamlets CCG, said: "Loss of sight has a permanent and life-changing impact. The programme supports patients to keep an eye on their health and to manage their condition. Early diagnosis can successfully lead to patients leading a healthy and active life."

For more information visit **www.diabeticeye.screening.nhs.uk** or speak to your GP.

TOWER HAMLETS

For your information

Parking to pest control, housing to hate crime

TURN TO PAGES 14 & 15

Positive view all the way from LA

Summer Night Lights was based on a programme launched in Los Angeles in 2008, to address criminal activity during the holiday period by hosting positive activities for everyone to enjoy.

SEE BELOW

Useful information

Talk about your crime worries

News from Andy Bamber, head of the council's safer communities service

LAST Friday saw Altab Ali Park host the first community safety surgery to be held in the borough.

Police and the council were able to hear from residents of Whitechapel as they were given an opportunity to voice any concerns about local crime and anti-social behaviour.

Nineteen more of these sessions will be taking place in other wards across Tower Hamlets in the coming weeks and months. They are designed to give you the chance to talk to the police as well as senior decision makers about crime and anti-social behaviour affecting you and your area.

The surgeries are just one way in which the council continues to work hard to ensure everyone living, working and visiting the borough feels safe.

Please come along to make the most of this chance to have an open conversation with local police – something to help us come together and improve the borough.

The new surgeries are being held in a new mobile police office where you can raise any questions or issues you want to talk about. The mobile office has been specially designed to support officers to encourage people to report problems more easily.

For more information on the new ward surgeries and walkabouts, log on to the web and go to **bit.ly/1lvBu87** and **bit.ly/VNcg8U** to find out where and when police will be visiting your ward.

We hope that the mobile office will continue to provide an easy access point to the police for all the borough's residents beyond these initial surgeries, especially in crime hotspots and busy areas.

This latest dialogue with the public follows a series of successful events that have taken place across Tower Hamlets.

A pilot scheme – Summer Night Lights – was designed to help build relationships between police and communities in an effort to reduce crime and anti-social behaviour in the borough during the summer holidays.

The council worked together with police, Victim Support and various voluntary groups so thousands of residents were able to celebrate their communities.

As well as barbecues, other activities included a bouncy castle, fairground games, a climbing wall, dance classes, graffiti projects and competitions.

These events were based on a programme launched in Los Angeles in 2008, to address criminal activity during the holiday period by hosting positive activities for everyone to enjoy.

Summer Night Lights began at Bigland Green School in early August and finished on the Collingwood Estate during early September, and we would like to thank every member of the public who got involved.

We had a great turnout at all the events and many people got to know their local policing team better.

Meanwhile, it has been over a year since the Metropolitan Police in Tower Hamlets launched a new model for local policing.

Since then, crime has continued to fall but the upcoming surgeries and walkabouts show just how committed we are to reducing crime and anti-social behaviour further.

Many more police officers are joining neighbourhood policing teams so you should see them patrolling our streets in the coming months.

Chemist rota

Pharmacists in Tower Hamlets with extended opening hours.

E1

ABC Drug Stores, 12-14 Montague Street: Mon-Fri 9am-7pm, Sat 9am-5.30pm, Sun 10am-2.30pm.
Beck & Sherman, 197 Whitechapel Road: Mon-Fri 9am-7pm, Sat 9am-5.30pm, bank holidays 11am-1pm.
Sainsbury's, The Albion Brewery: Mon-Fri 8.30am-10pm, Sat 7.30am-10pm, Sun 11am-5pm.
Chapel, 139 Cannon Street: Mon-Fri 9am-8pm, Sat 9am-6pm.

E2

Fairdale, 360 Bethnal Green Road: Mon, Tues, Weds, Fri 9am-6.30pm, Thurs 9am-1pm, Sat 9am-6pm, bank holidays 11am-2pm.
Florida, 307 Bethnal Green Road: Mon-Fri 9am-7pm, Sat 9am-6pm, bank holidays 11am-2pm.

E3

Bell, 534 Roman Road: Mon-Sat 7am-11pm, Sun 10am-2pm.
Forward, 648 Mile End Road: Mon-Fri 9am-7pm, Sat 9am-6pm, Sun and bank holidays 10am-6pm.
Green Light, St Andrew's Health Centre, 2 Hannaford Walk: 8am-8pm, seven days a week, including bank holidays.
Lincoln, 60 St Paul's Way: Mon, Tues, Weds 8am-8pm, Thurs, Fri, 8am-8pm, Sat 9am-5pm.
Tesco, Hancock Road: Mon 8am-10.30pm, Tues-Fri 6.30am-10.30pm, Sat 6.30am-10pm, Sun 11am-4pm.

E14

Boots, Unit 15, Jubilee Place: Mon-Fri 7am-midnight, Sat 9am-6pm, Sun 12pm-6pm.
Britannia (Perimart), Asda Precinct, East Ferry Road: Mon-Sat 9am-8pm, Sun 11am-4pm, bank holidays 11am-6pm.

Doctors

Please ring your doctor's surgery for an appointment, but if it's the weekend or late at night, call 7377 7151 (only for people in Tower Hamlets who are registered with a doctor). To find a doctor, dentist or help to quit smoking call the health hotline on 7364 5016, Mon-Fri 8am-8pm and Sat 8am-4pm.

Advice

East London Parkinson's Support Group
For people with Parkinson's disease and their carers. Meets third Weds each month, 11am-12pm at John Scurr Community Centre, 1A Bekesbourne St, E14.
0844 225 3704/0808 800 0303

Family Information Service (FIS)
The Family Information Service provides information for people from birth to age 19 including helping parents and carers find childcare, advice on tax credits and childcare vouchers. Open Mon-Fri, 8am-6pm.
30 Greatorex Street, E1.
fis@towerhamlets.gov.uk
7364 6495

Alzheimer's Society Tower Hamlets
Advice and help for carers and people with dementia.
Mon-Fri, 9am-5pm.
Robinson Centre, Mile End Hospital, Bancroft Road, E1.
8121 5626

Tower Hamlets Advocacy Project
Independent advocates for adults with learning disabilities.
Mon-Fri, 9.30am-4.30pm.
Gladstone Place, 1 Ewart Place, E3.
7364 2550/2199

Parents Advice Centre (PAC)
Offers advice around special educational needs (SEN).
30 Greatorex Street, E1. Drop-in sessions every Tues & Fri, 9:30am-3.30pm.
364 6489

LinkAge Plus
An initiative of the Department for Work and Pensions. Toynbee Hall is one of five centres that coordinates services and activities provided. Mon-Fri from 9am-5pm, drop-in session for advice on benefits, pensions, employment and housing. Appointments necessary. Mon 9am-5pm, Bangladeshi group. Toynbee Hall, Commercial Street, E1
7392 2914
www.toynbeehall.org.uk

Free Advice
Benefits, housing, immigration. Bengali speakers, home visits to house-bound. Weds, 10.30am-12.30pm, Island House, Roserton Street, E14. Thurs, 1-3pm, Splash, Will Crooks Estate, Poplar High Street, E14.
7987 9379

Skillsmatch
Free advice on all aspects of employment including training, apprenticeships and job vacancies.
Canary Wharf Recruitment & Training Centre, 55 Upper Bank Street, E14.
7364 3727 or email skillsmatch@towerhamlets.gov.uk

Tower Hamlets National Childbirth Trust
Offers support, information and friendship to parents and parents-to-be. Regular events.
07976 710964 or towerhamletsnct@yahoo.com
www.nct.org.uk

Breastfeeding Support Centres
Mon 11am-1pm Wapping Children's Centre, 15 Chandler St, E1. Weds 12.30-2.30pm, Collingwood Children's Centre, Buckhurst St, E1. Fri 12.30-2.30pm, Overland Children's Centre, 60 Parnell Rd, E3. Sun 2-4pm Barkantine Birth Centre, 121 Westferry Rd, E14.
3594 2591 or 07961 609 626

Free home fire safety advice
From the London Fire Brigade
08000 28 44 28

Photo order form

Copies of pictures published in East End Life taken by council photographers are available to readers. To request a copy, email **eastendlife.news@towerhamlets.gov.uk** and we can send it straight away. If you do not have access to email fill in this form and send it to Photos, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. This service does take longer.

Name .....

Address .....

.....

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Issue no. **Page no.**

Careers advice

Tower Hamlets Careers Service
Careers advice for ages 13-19 (up to 25 SEN). Mon-Fri, 1pm-5pm. Appointments available.
Careers Centre, 35 Bow Road, E3.
7364 1401

TH Lifelong Learning
Mon-Thurs, 10am-4pm.
Shadwell Centre, 455 The Highway, E1.

Careers advice
Support from Civic Enterprise Clubs Co-operative. Tues & Thurs, 1-4pm & 6-9pm Bishopsgate Institute, 230 Bishopsgate, EC2.
07432 463343

A beacon for economic transformation

"Tower Hamlets has been recognised as a global destination for business, a national beacon for economic transformation and a local community demonstrating aspiration and drive."

MAYOR LUTFUR RAHMAN

Free service for locals

Skillsmatch services are free for recruiting employers and Tower Hamlets residents. For details call...

7364 3727

Council focus: employment

Tower Hamlets has been named as the highest growth economy in the country for the second consecutive year. This means that the number of employment opportunities that are available in the borough are increasing, and the council is committed to ensuring that local people can make the most of them. More than 3,000 residents have been helped into work by the council over the last five years. **East End Life** caught up with some of them.

First step on the path to a good job

SADE Hall, 20, from Poplar secured an apprenticeship with property developer Guildmore through the support of the council's jobs brokering service, Skillsmatch.

Sade said: "I want to be a project manager, and this is a great first step on that path. The position I was given provides a great foundation for the running of a site and all the paperwork that's done behind the whole array of construction at Poplar Baths.

"I would recommend this employment scheme to anyone. It provides a good learning opportunity whilst being able to earn a decent wage."

Saleh Ahmed, 25, from Poplar, began his journey towards management with a Skillsmatch placement at Spitalfields Housing Association.

Saleh said: "I was unemployed when I approached Skillsmatch. I've now done a range of things – working on the switchboard, managing car park permits, new tenancy sign-ups and responses to councillor enquiries.

"I think that Skillsmatch have links to well-known and stable companies which offer good opportunities for local residents."

Maria Eugenia Lopes Soares Costa, 28, from Whitechapel secured a job as a trainee interior designer with design consultancy, 20.20.

Salah Ahmed was unemployed

Did you know?

Over the past 12 months, the council has:

- supported more than 750 residents into sustainable jobs through employment and skills programmes
- helped 200 residents into apprenticeships
- become one of the first accredited London Living Wage (LLW) employers in London.

Sade Hall is an apprentice with developer Guildmore

Maria said: "I am from Brazil, and had no experience working in this country. Skillsmatch was really supportive and gave me a great employment opportunity. I'm working on design for buildings at the legacy Olympic site."

The council is also committed to ensuring that residents are paid a wage that reflects the real cost of living in London, and it became one of the first local authorities in London to be an accredited London Living Wage (LLW) employer this year.

This means that all council staff, and all working for council contractors, will be paid a minimum of the LLW – £8.80 per hour.

Graham Fisher, chief executive at Toynbee Hall in Whitechapel, said: "It is great news that Tower Hamlets has been accredited the LLW.

"As a fellow LLW employer, Toynbee Hall is a great believer in the benefits this can have on communities across London. The more organisations and councils that sign up, the closer London will be to creating a fairer society."

Metin Esen, managing director of local business café Chicchi, commented on the support LLW had given to his enterprise.

He said: "Since implementing the London Living Wage there has been a significant change in staff morale. They know they are getting a very competitive wage and in return our staff turnover has dropped and staff productivity has increased.

"The feedback I get from our staff in regards to working for Chicchi is that they really value their job and looking forward to coming to work. Our staff are recommending us to their friends and family for any future vacancies that we might have."

Mayor Lutfur Rahman said: "Tower Hamlets has once again been recognised as a global destination for business, a national beacon for economic transformation and a local community demonstrating aspiration and drive. I would urge residents to contact Skillsmatch to identify the next opportunity in their career journey."

Deputy Mayor and cabinet member for economic development (jobs, skills and enterprise) Cllr Oliur Rahman said: "Skillsmatch can open doors for residents. It is worth finding out what training and employment opportunities are available, so that residents can maximise on the possibilities that are available in one of the highest growing places in the country."

Graham Fisher, chief executive of Toynbee Hall

Visiting the Skillsmatch stall at a council jobs fair last year

BETHNAL GREEN

BUSINESS FORUM

Business Generating a Brighter Future

YOUR opportunity to ask questions on the issues which affect YOUR business at the Bethnal Green Business Forum

Date: 22nd September 2014

Time: 6pm

Location: Oxford House Theatre, Derbyshire Street, E2 6HG

Guest speaker: Sara Finn of London Borough of Tower Hamlets

Sara Finn will provide an update on Bethnal Green Road Town Centre improvements.

Join us to; **Share your views** and drive the agenda for your community

Address issues such as parking and delivery access

Work together to enhance the business district for local businesses and its customers

To confirm your interest, please register by **21st Sept** using the link below:

www.bgbusinessforum.org.uk

Bethnal Green Business Forum, supported by Oxford House

Looking for work?

Go along to a Weavers Community Forum drop-in session and find out ways to improve your employability.

HTTP://WEAVERSFORUM.ORG

osmanitrust

Strengthening the community

Osmani Trust is a youth and community organisation based in Whitechapel which offers a wide range of community, health and sporting initiatives tailored to the needs of the community.

WWW.OSMANITRUST.ORG

Making the most of summer days

BY JESSICA ODUBAYO

COMMUNITY groups rounded off the summer holidays with fun days and sports tournaments before the start of the new school term.

The **Aasha programme**, a gang mediation project run by the Osmani Trust, in Whitechapel, held its annual community fun day and Gutt football tournament, held on the Chicksand Estate in Spitalfields.

The event, which included a barbecue, bouncy castle, games arena, stalls, face painting and five-a-side football, attracted more than 400 residents including community leaders.

Osmani Trust youth workers and volunteers co-ordinated the activities.

Ten teams took part in the football tournament, which saw Vallance Boys and Gutt Boyz in the final. A crucial penalty taken by Humayum Rahman gave Gutt Boyz their first winner's trophy.

Abdul Hasnath, senior project officer for Aasha, said it was pleasing to bring the community together and encourage good relations.

For further information about activities for young people, contact Abdul at **abdul.hasnath@osmanitrust.org** or call 7377 8080.

For information about the Osmani Trust visit **www.osmanitrust.org** or **https://www.facebook.com/AashaProject**

Weavers Community Forum hosted a fun day in the final week of the school holidays. The event, at the 'big pitch' on Shacklewell Street, Bethnal Green, saw families from all sections of the community come together to celebrate.

The event featured a bouncy castle, slides, henna painting, competitions, food and sporting activities.

Mayor Lutfur Rahman, who joined in the fun day, congratulated volunteers and organisers from Weavers Community Forum for hosting an excellent event.

Abdul Malick, chair of the forum, said it was great to see families enjoy themselves in the big open space.

Visit **http://weaversforum.org**

(Right) Youngsters enjoy a Gladiators-style game at the Osmani fun day

MyFuture

TOWER HAMLETS

Jobs, Courses and Training Opportunities for Young People

Date: **Thursday 18 September 2014**

Time: **3pm – 5pm**

Venue: **Urban Adventure Base, Mile End Park**

If you are aged 16 – 19, or up to 25 with SEN, and not currently in Education, Training or Employment, then come along and meet prospective employers, colleges and training providers.

For more information on this event or the support we provide, contact the Targeted Youth Support team on 020 7364 5834 or email: Saddique.ahmed@towerhamlets.gov.uk

Urban Adventure Base, 150 Burdett Road, London E3 4JT.
Located in Mile End Park behind the Mile End Leisure Centre.
Buses: D6, 425, 277, 25 and 8. All stops are a short walking distance from the venue.
Tube: Mile End. Turn left out of the station and walk down Burdett Road.

WALTHAM FOREST COLLEGE
Skillsmatch INNOVATION IN JOB BROKERAGE
Alpha
CITY GATEWAY
skills for growth landmark
osmanitrust
Prospects
TECH CITY STARS
Crossrail
Tower Hamlets College

Building safer neighbourhoods

The council worked with the police, Victim Support and voluntary organisations to organise 18 events for the Summer Night Lights pilot scheme, to help build community cohesion and tackle crime.

From LA to London

The Summer Night Lights crime reduction programme was originally launched in Los Angeles in 2008.

PCs Warwick and Norteye try out the bouncy castle at the Bigland Green School event

Officers take on locals in a football match at Ropewalk Gardens

Mayor Lutur Rahman at the Collingwood Estate event with a local resident, councillors Abjol Miah, Muhammad Ansar Mustaquim and Gulam Robbani

Community comes out to play for light nights

Thousands of residents joined in events celebrating their communities over the summer as part of a pilot scheme originally launched in Los Angeles, as **Raju Miah** reports. Photos by **Rehan Jamil**.

SUMMER days may be drifting away but many residents will have good memories of the Summer Night Lights activities they enjoyed around the borough during the holidays.

The council worked with the police, Victim Support and various voluntary sector organisations to organise 18 events as part of the pilot scheme designed to help build community cohesion and tackle crime.

Seven other London boroughs also took part in the Summer Night Lights pilot, the first time it was held in the UK.

The violence reduction programme was originally launched in Los Angeles in 2008 to address 'peak offending' during the holiday period by boosting positive activities suitable for everyone.

The initiative in Tower Hamlets involved four different locations, all of which served hot food – a similar tactic used in America to encourage communities to come together.

As well as free refreshments, other activities, which varied between the sites, included fairground games, wall climbing, dance classes, graffiti projects and competitions with prestigious titles up for grabs.

The council's rapid response buses, complete with state-of-the-art equipment, were present at each event giving youngsters the opportunity to pick up new cooking skills or try out music production while learning more about the services available to them.

Emergency vehicles also made an appearance allowing local teens to discover what it takes to respond to an emergency call.

A number of highly competitive football tournaments took place between local teams and the police with the youngsters narrowly winning the finals.

(Top) Enjoying a game of Connect 4 on the Lincoln Estate; (Above) There was also training and education advice available during the events

A police community support officer gives bike security advice

(Top) Cllr Gulam Robbani has a go on the climbing wall on the Colingwood Estate; (Above) Young people relax at the Summer Night Lights event on the Lincoln Estate

Mayor Lutfur Rahman said: "We've been working hard with our partners to develop a series of events that not only builds community cohesion but allows us to work together in reducing crime and disorder.

"I was pleased to meet with so many families across the different sites who have been taking advantage of these free evening events. In the US the project has helped achieve a significant reduction in violence within areas and has also helped develop a stronger bond among the community."

Mazeda Akter, who lives on the Collingwood Estate, said: "This was a great way for us to all come together.

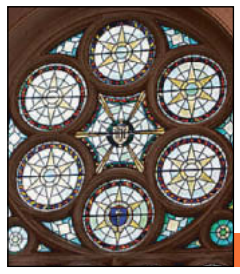
"There is something for everyone and everyone seems to be having fun. I've been speaking to the police about various things and I feel a lot more reassured that they're working hard to reduce anti-social behaviour in my area. The event wasn't like a regular summer event as they start in the evening which is a really good idea."

Devon's Road, Shadwell, Whitechapel and Collingwood Estate were areas highlighted as locations which could benefit from the additional support and resources available through this project.

How to book the centre

St Matthias Community Centre is available for community use. To book and for information on events, go to...

WWW.STMATTHIASCOMMUNITYCENTRE.COM



Refurb for St Matthias

A grant from the Heritage of London Trust helped fund the cost of repairs to the tombs and stained glass windows and overhaul the clock mechanism at St Matthias Old Church.

History

Come join the party!

BY JESSICA ODUBAYO

CELEBRATIONS will be held this month to mark the 360th anniversary of St Matthias Old Church in Poplar.

The church, which survived the Blitz of World War II, fell into disrepair and was declared redundant in 1977.

It was renovated for community use in the late 1980s and was handed over to a group of trustees in 1992.

Their challenge was to preserve the building as a historical treasure, not only for the people of Blackwall, but also to hold it in trust for the nation.

Now, the community centre hosts a variety of social, educational and leisure activities for people of all ages.

Anniversary celebrations are due to start this weekend, when the centre hosts an exhibition as part of Open House, the London-wide festival of architecture.

The exhibition will be held at the centre at 113 Poplar High Street, on Sunday, September 21. On the same day, historian Gary Haines will conduct a history walk in the area from 1pm.

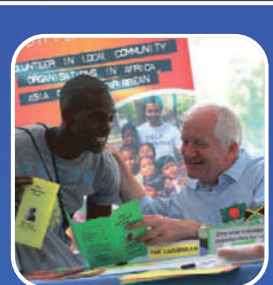
St Matthias community centre will hold its annual meeting on Monday, September 22 at 6.30pm, when there will be a talk on the history of the building.

The venue will host a community concert on Wednesday, September 24 at 7pm. And residents and well-wishers are invited to an anniversary tea party on Friday, September 26 from 2-4pm.

A lunchtime talk by Nick Robins, author of The Corporation that Changed the World: how the East India Company shaped the modern multinational (see page 13 for more), will round the celebrations off on Saturday, October 4 at 12pm. All are welcome to attend.

(Above right) Belle with her family and friends at a community fun day (Right) Visitors tuck in to food (Far right) Caitlin, Jessica, Sireen, Chloe-Louise and Kelsie

Outdoor Activities • Employment Opportunities
Education and Training Advice • Awards • BMX
Wall Climbing • Archery • Food and Refreshments



Buses: D6, D7, 425, 277 and 25. All stops are within walking distance to the venue.
Tube: Mile End. Turn left as you leave the station and walk down Burdett Road.
Urban Adventure Base is behind Mile End Leisure Centre.

TOWER HAMLETS

Thursday 18 September 2014
3pm – 6pm

Urban Adventure Base
150 Burdett Road, Mile End Park,
London E3 4JT

Targeted Youth Support will be holding a Youth Fair for young people and their families, providing a number of support services for those that are:

- Not in Education, Employment or Training (NEET)
- Young Carers
- Disabled or have Special Educational Needs

Join in with outdoor activities, employment opportunities, education and training advice, awards, BMX, wall climbing, archery, food and refreshments.

For more information visit www.towerhamlets.gov.uk/youth, email targeted.support@towerhamlets.gov.uk or call the targeted youth support team on 020 7364 1956/5834.

Going up in the world – with a tower

The dynamic Rev John Fenwick Kitto, vicar in the mid-1800s, set about transforming his chapel into a Victorian church: new windows, ragstone cladding, a chancel... and a belltower (left).

SEE BELOW

Got a story to tell?

If you have a tale about East End history, write to John Rennie or email him at **johnrennie@gmail.com**

WWW.EASTLONDONHISTORY.COM

History

Ancient gem in the heart of Poplar

BY JOHN RENNIE

TAKE a turn north off Poplar High Street, into Woodstock Terrace and within a minute or so you'll see a typical Victorian church on your left. Stone walls, pitched roofs and a jaunty little bell tower on the West End, the chancel nestling beneath.

But dig a little deeper into the history of St Matthias Old Church and you discover a far stranger story. Of a chapel hidden within the skin of a church, one of only three chapels built in England during the bloody interregnum that separated Charles I and II. Strangest of all, a chapel built on the proceeds of stolen diamonds.

Its story begins with Hugh Greete, an agent charged – like many others – with carving out for the Crown a profitable slice of world trade, as little England became the greatest maritime and economic power on Earth.

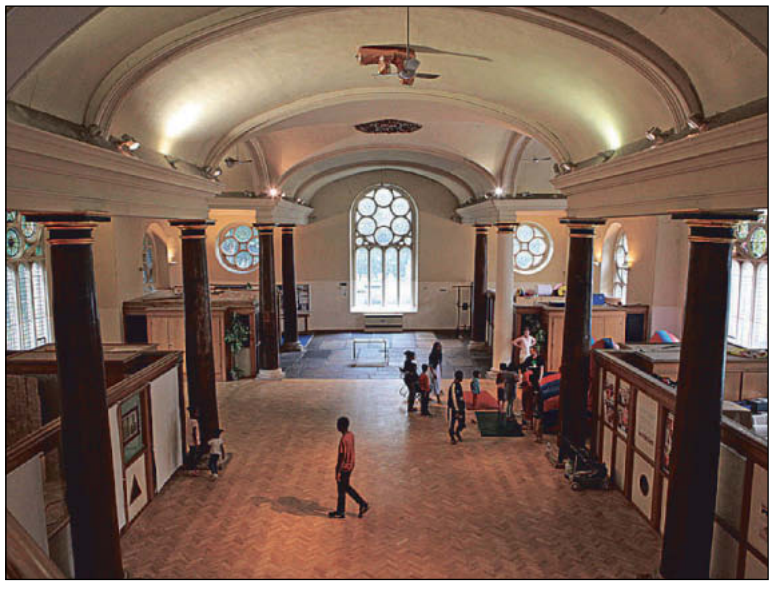
The East India Company received its royal charter from Elizabeth I in 1600, and at its peak would account for half the world's trade. Tea, salt, indigo dye, saltpetre and cotton were among the mainstays. It was a bloody, amoral business. Opium was a profitable commodity and the company would eventually rule large tracts of India, with control enforced, savagely, by its own private armies.

Greete was in at the beginning – and his speciality was the sourcing of diamonds, to be sent back to City merchants. The Gold Rush had nothing on the Indies in the early 1600s as agents, working thousands of miles and hundreds of days away from England, made their own deals on the company account.

Greete complained "loudly and endlessly" that no-one from London answered his letters so he didn't know what to buy. It later emerged he was buying almost everything available with company money, but keeping the quality stuff for himself, while sending the dregs back to the capital.

In 1618, Greete was recalled to London and thrown in jail, where he died a year later. But there was a surprise in his will. Greete died a rich man (of course) and declared that he wished his fortune to be gifted back to the company to establish a school.

Court papers of the time describe Greete's progress, and the East India's embarrassing predicament: "Consideration of the settlement of Hugh Greete's estate, of which there rested £446 10s 1d. to be disposed of; Mr. Governor observed it was to be employed for building an hospital; the Court minutes of the 15th, 17th, 22nd, and 25th June 1625, wherein the business had been handled and the advices sent home from the Indies, read; by which it appeared that Greete went out a very poor man, much indebted, carried himself very mutinously, debauchedly, and unfaithfully, gave away 1,000 ryals belonging to the Company, employed the Company's moneys to his own use, when he bought diamonds for the Company's reserved the choicest for himself, dissuaded the men from the voyage to the Moluccas, gave in false accounts to the President and Council, and yet by his own account was indebted to the Company 252 ryals, of all which a Court of Merchants at Jacatra found him guilty, sent him home a prisoner, and sequestered his good; it was therefore resolved to employ the said £46l. 10s. 1d. towards the foundation of the hospital now in hand at Blackwall, which was to be reputed the work of the Company, and not of Greete."



(Above) The exterior and interior of St Matthias Old Church in Poplar High Street

(Below) The all-important bell tower; stained glass window; and the church's coat of arms

Thus the company would "set up some memorial of Greete as a benefactor to the hospital, but the court absolutely resolved to have no release and not to attribute anything to Greete in this work".

In other words, we'll take your money but don't expect to have your name over the door. The company could scarcely turn down a charitable endowment, but weren't about to link their name with that of the man who had stolen 'their' diamonds.

On its way to becoming the world's first multinational company, the East India had bought a shipyard in Poplar in 1614. The Middlesex hamlet would soon become the hub of its global operation, and in 1627, it bought a house on Poplar High Street for use as a hospital (in the old sense of half infirmary, half care home).

The house came with grounds. Captain Thomas Styles, a director of the company, reported that "behind the house there is a faire field, and a dainty row of elmes, and a private garden, wherein a chapple may be built of 90 foote in length and 32 foote in breadth". And so the development grew.

The people of Poplar and Blackwall began petitioning in 1633 for their own 'chapel of ease' to avoid the long trek to the overcrowded parish church of St Dunstan in Stepney.

In 1639, the Lord of the Manor of Poplar, Gilbert Dethick, died leaving £100 towards the building of the chapel, stipulating that this money would only be paid if work was begun within three years of his death. The money was paid, so we can infer that ground was broken for the new chapel by 1642.

But it was a turbulent time for England. The Civil War was beginning, money was in short supply and trade was disrupted. Religion, too – William Laud, Archbishop of Canterbury, was beheaded in 1645; Charles I, the head of the Church of England, was killed in 1649. Unsurprisingly, only three surviving churches are known to have been built during the period: one in Northumberland, one in Leicestershire... and Poplar Chapel on the outskirts of republican London.

And the chapel had rich friends. Sir John Gayer, Lord Mayor of London during 1646-7, was also a director of the company and, when he died in 1649, he left money for the glazing of the chapel (again it had to be completed within four years). Wealthy Mile End merchant Maurice Thompson pushed for the chapel's completion, and the City livery companies (increasingly rich on East India Company trade) were playing their part. In 1652, the company made a first payment of £100 to City bricklayer John Tanner – Master of the Bricklayers Company and later Bricklayer to the Corporation of London.

By 1654, the chapel was complete and ready for worship, its design based on the long since demolished Broadway Chapel, which stood in present day Victoria Street in Westminster, another church built for Puritan-leaning City merchants.

Simplicity was all. A plainly elegant brick rectangle, it was built for the Bible-reading based services of the new religion, rather than the more elaborate performances of the Catholic Church. Eight wooden columns supported the roof (seven remain) though the colourful story that these were masts from company ships is, alas, untrue.

From the 18th century, rural Middlesex was fast disappearing under the sprawl of development east of the Tower. And the huge parish of Stepney would eventually be subdivided into no fewer than 67 new parishes. But the little East India Chapel was deemed too humble to become a parish church: a report of 1718 sniffily mentioned the lack of a tower, for one thing.

There were insufficient funds to demolish and start again (thankfully), so the dynamic Rev John Fenwick Kitto, vicar in the mid-1800s, set about transforming his chapel into a Victorian church: new windows, ragstone cladding, a chancel... and a belltower.

St Matthias was decommissioned in 1977 and fell into disrepair. Salvation came in 1992, with a £700,000 grant and its transformation into the St Matthias Community Centre. Once more, the oldest building in Docklands is playing an active part in the lives of the local people.

■ For more on the architectural qualities of the building see **stmatthiascommunitycentre.com/history.jsp**

A range of services

The council provides many services for residents and businesses. Go to the A-Z on the website at

WWW.TOWERHAMLETS.GOV.UK

The Government is changing benefits

Prepare and act now

The Government is changing the benefits system as part of its plans for welfare reform. If you are claiming benefits, you may be affected.

Households who are **not in work** or have **less than 24 hours work per week** will be affected most.

The impact of these changes could be serious and some household may no longer be able to afford their current housing costs.

Tower Hamlets Council and its partners are helping prepare residents for the upcoming benefit changes. This includes support with:

- **Getting information and advice**
- **Managing your money**
- **Finding work and training opportunities**

For more information about the changes visit the government website www.dwp.gov.uk or call their helpline on **0845 605 7064**, or textphone **0845 608 8551**.

Get information on welfare reform

The council's benefits service can provide information about housing benefit, council tax benefit and entitlement to free school meals. It has compiled a list of helpful agencies at...

WWW.TOWERHAMLETS.GOV.UK/WELFAREREFORM

Council information

Tower Hamlets forward planner

TOWER Hamlets Council produces a forward plan every month detailing the key decisions it will take, together with the details of the author, and consultation undertaken. It can be found in Idea Stores, libraries, One Stop Shops and council offices or at www.tower hamlets. gov.uk/data/ your-council/data/forward-plan/forward-plan.cfm

Meetings

Monday, September 15

7pm: Development committee
The agenda includes planning applications for demolition of a 13-bedroom hotel at 113-115 Roman Road, E2 and replacement with a 31-bedroom hotel. Also various works to the Toynbee Hall estate, 28 Commercial Street, E1 including a new five-storey office block at 36 Commercial Street and alterations to Profumo and Attlee Houses.
Details on 7364 4877 or email zoe.folley@towerhamlets.gov.uk

7.30pm: Human resources committee
Contact 7364 4207 or email jonathan.regal@towerhamlets.gov.uk

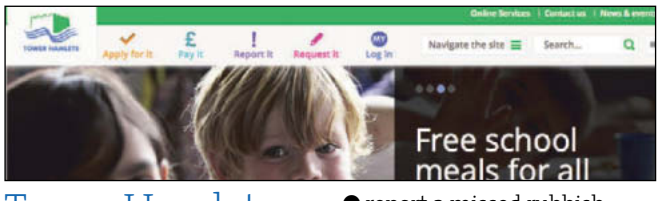
Tuesday, September 16

6.30pm: Licensing sub-committee
Business includes applications for: variation of premises licence for Ferry House, 26 Ferry Street, E14; new premises licence for A Filo Ltd, Unit 9 Ground Floor, 6 Richmix, E1; and temporary event notice for ICAN Studios, 33-35 Monier Road, E3.
For details call 7364 4120 or email simmi.yesmin@tower hamlets.gov.uk

6.30pm: Health scrutiny panel
Call 7364 4881 or email antonella.burgio@tower hamlets.gov.uk

7pm: Audit committee
Business includes the quarterly assurance report and the annual anti-fraud report 2013-14.
Details from Antonella Burgio (above).

Details are accurate at time of going to press. Agendas are available online a week before meetings, which are at the Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG, except cabinet



Tower Hamlets online

www.towerhamlets.gov.uk
For information on council services, including:

- report a missed rubbish collection
- make a doorstep recycling request
- report an abandoned vehicle
- bulk rubbish collections

Health trainers qualify

SIXTEEN residents will be helping other people live healthier lives after completing training organised by the council's public health team.

They have received level 3 City and Guilds health trainer certificates after completing training from January to April, which included 70 hours of classroom-based learning and 36 hours of work placement.

They will use their new skills to help other people lead healthier lives within their respective work and community settings, and some may be employed by existing health trainer teams.

Health trainers work with residents to help them overcome barriers to leading healthier lives, providing information and support around healthy eating, physical activity, stopping smoking and referrals to services such as alcohol and substance misuse, housing, employment, debt advice and training.

Tyrone Josephine, sports health trainer at Poplar and Limehouse, underwent the training to enhance his skills in his current job.

He said: "The course has helped me in my everyday role as a health trainer as well as helping me deal with unique situations such as communicating with clients who may not have English as their first language."

The health trainers celebrate qualification

Planning

E1

219 Whitechapel Road – retention of extraction flue at rear of property.
Land next to 20 Underwood Road – construction of one-bedroom house.
Unit 1, 4-6 Davenant Street – application for prior approval for change of use from offices to residential.
Former Goodmans Fields, 74 Alie Street and land north of Hooper Street & east of 99 Leman Street, Hooper Street – application for non-material amendment of planning permission ref: PA/11/03587, dated 28.3.12.

E1W

Reservoir Studios, 547 Cable Street – application for prior approval for change of use from offices to residential.
31 St Katharine's Way – replace existing wooden framed windows and door (patio) in exchange for aluminium white finished double glazed units.
172 The Highway – change of use of part ground floor, from general retail to dental surgery.

E3

Central Foundation Girls School, 25-33 Bow Road – freestanding pre-fabricated canopy to external wall of Block C dining hall facilities, to create covered way above existing footpath.

E14

8 Wellspring Close – change of use of part office on ground floor to create two-bedroom flat.
177 Abbott Road – two-storey side extension with loft.

E98

Former News International Site, 1 Virginia Street – non-material amendment to planning permission ref: PA/13/01276, dated 26.3.14, comprising alterations to residential layout on levels 11 and 12 and relocation of one balcony on level 14 of building A, together with alterations to residential layout and mix on level 7 of building B.

This is not a definitive list of all current planning applications.
For more details go to the council's website at www.towerhamlets.gov.uk and click on Planning & Building.

Drug treatment providers

Community Drug Team
Substitute prescribing, key working, health screening & referral to residential treatment.
71 Johnson Street, E1.
7790 1344
www.lifeline.org.uk

Nafas
Support with a focus on Bangladeshi community.
The Davenant Centre, 179-181 Whitechapel Road, E1
7377 0676.

Harbour Recovery Centre
In-patient detox for 18+ males.
Riverside House, 4th Floor, 20 Garford Street, E14.
7538 9421

Young People's Service
Treatment for under-19s
Unit 26, Skyline Village, Limeharbour, E14.
3069 7878
www.lifeline.org.uk

Isis
For women aged over 18
c/o Hopetown Hostel, 60 Old Montague Street, E1.
7426 0399
www.compass-uk.org

Community Alcohol Team
Unit 22, Skylines Village Limeharbour, E14.
0800 008 7200
www.rapt.org.uk

Somali Substance Misuse
Help, advice & referral for people with khat, alcohol or drug issues. Contact Idriis Elmi.
Mind in Tower Hamlets & Newham, Open House
13 Whitethorn Street, E3.
7510 1081

SHUFFLES School of Dance
EAST LONDON'S PREMIER DANCE SCHOOL
Classes in: Tap | Ballet | Street Dance | Modern Jazz | Theatre Craft | Freestyle Cheerleading | Gymnastics | Contortion | Adult Tap & Adult Ballet.
• Children's & Adult Classes • Private Tuition Available •
STARPOWER COMPETITION WINNERS: All New Performers Troupe
NO TERMLY FEES > NO JOINING FEES
Just first class tuition at very competitive prices
Everyone has the opportunity to take IDTA Examinations and to take part in our shows, competitions, display etc.
Call Kerry on 020 8529 8691 or 07956 947 185 for information.
WWW.DANCECLASSESEASTLONDON.COM • kerrychilvers@hotmail.com
Come along and see for yourself!
SHUFFLES SCHOOL OF DANCE

Your FAMILY ANNOUNCEMENTS

Are you are looking to celebrate or remember someone dear to you?

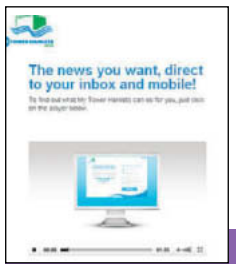
Whatever you want to say, use East End Life to make your announcement. Your announcement must reach us by 12noon on the Tuesday before the publication date you require.

Send the text of your announcement including your contact details to East End Life Family Announcements, Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BGor e-mail to:

terri.gornall@towerhamlets.gov.uk | sharan.ahmed@towerhamlets.gov.uk
christine.o'doherty@towerhamlets.gov.uk | fatima.khan@towerhamlets.gov.uk

Sizes and prices: 6 x 1 (60mm high x 41mm wide) = £10
6 x 2 (60mm high x 85mm wide) = £20

Pre-payment by credit or debit card, cheque (payable to LBTH).



Register now for free news

Tower Hamlets residents can register for the free news and consultation service giving updates on subjects they choose as often as they want them. For more information visit...

MY.TOWERHAMLETS.GOV.UK

Did you get it?

Last week's photo was taken in Chrisp Street, Poplar, E14.

Council information

Town Hall

Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG. 7364 5000

Hotline numbers

Housing benefits – 7364 5001
Council tax – 7364 5002
Parking services – 7364 5003
Streetline – 7364 5004
Adult social care – 7364 5005
Children's services – 7364 5006
Pest and noise nuisance – 7364 5007
Employment & skills service (Skillsmatch) – 7364 3727
Environmental health, trading standards & licensing – 7364 5008
Planning & development – 7364 5009
Business rates – 7364 5010
Recruitment line – 7364 5011
Electoral services – 7364 0872
Tower Hamlets Homes – 7364 5015
Healthline – 7364 5016

General enquiries

Council enquiries – 7364 5020.

Useful housing numbers

Housing repairs – 0800 376 1637
Tenancy support – 7364 5544
Housing advice (E14) – 7364 7507
Housing advice (E1, E2 or E3) – 7364 3558
Homeless service – 7364 7474
Choice-based lettings – 7364 0244
Homeseekers – 0845 270 2400

Switchboard

If you know the name of the person or department, call the switchboard on 7364 5000.

Do you know where to find this unusual feature of the borough? Our popular oddities picture poser gives readers the chance to keep their eyes peeled to see if they can spot where our photographers took the pictures. If you have photos of your own you would like to see published in East End Life, email them to eastendlife.news@towerhamlets.gov.uk or send them to Photo Poser, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. They need to be high resolution, at least 1MB and 300 dpi.

Report it!

To report an incident, use these 24-hour freephone numbers:
Non-emergency crimes – 101
Textphone – 18001 101

If a crime is in progress, there is an emergency or if anyone is in immediate danger dial 999.

The council's domestic violence team can provide information, signposting and referrals to local services. Bengali speakers available 0800 279 5434 (office hours)

24-hour domestic violence national helpline
0808 2000 247

Haven Whitechapel (sexual assault referral centre)
7247 4787

Karma Nirvana (Honour Network Helpline)
0800 5999 247

Broken Rainbow (LGBT domestic violence)
0845 260 4460

Black Women's Health & Family Support
8980 3503

Rights of Women (legal advice)
7251 6577

Victim Support Line
0845 30 30 900

Victim Support Tower Hamlets
8555 8254

NSPCC Child Protection Helpline
0800 800 5000

Childline
0800 1111

Shelterline
0808 800 4444

Respect (for perpetrators)
0845 122 8609

Reunite (advice about child abduction)
0116 2556 234

Men's Advice Helpline
0808 8010 327

Samaritans
08457 909090

Tower Hamlets Mediation Service offers confidential and impartial advice with neighbour conflict
Free service for council tenants and leaseholders. 7702 8305

Trading standards
Consumer Direct: 08454 040506

Walk-in services

One Stop Shops

Bethnal Green – 1 Rushmead, off Bethnal Green Road, E2
Bow & North Poplar – John Onslow House, 1 Ewart Place, E3
South Poplar – 15 Market Square, Chrisp Street, E14
Stepney& Wapping – Idea Store Watney Market, 260 Commercial Road, E1.
Open Mon-Fri, 9am, doors close at 4.30pm. Sat, 9am, doors close 12.30pm at Rushmead and Idea Store Watney Market only.

Idea Stores

Bow – Gladstone Place, E3.
Canary Wharf – Churchill Place, Canary Wharf, E14.
Chrisp Street – Vesey Path, E14.
Whitechapel – 321 Whitechapel Road, E1. 7364 4332
Watney Market – Commercial E1. 7364 4332
All open: Mon to Thurs, 9am-9pm; Fri, 9am-6pm; Sat, 9am-5pm. Sundays – Bow and Chrisp Street open, 10am-4pm; Whitechapel, 11am-5pm; and Canary Wharf, 12-6pm.

Libraries

Bethnal Green – Cambridge Heath Road, E2. 8980 3902
Cubitt Town – Strattondale Street, E14. 7987 3152
All open: Mon, Tues, Weds & Fri, 10am-6pm; Thurs, 10am-8pm; Sat, 9am-5pm.
Local History Library and Archives – 277 Bancroft Road, E1. Open Tues, 10am-5pm; Weds, 9am-5pm; Thurs, 9am-8pm; Sat (1st & 3rd of the month), 9am-5pm. 7364 1290; email localhistory@towerhamlets.gov.uk

Isku soo dhawaashada

War iyo wacaal waxaad haysaan u soo dir boga isku soo dhaweynta bulshada ee East End Life.

7364 3179

সামার নাইট লাইটস্ প্রজেক্ট অনুষ্ঠিত

কমিউনিটির মধ্যে সৌহার্দ্যপূর্ণ সম্পর্ক আরো উন্নত করার মাধ্যমে অপরাধমূলক কার্যকলাপ প্রতিরোধের লক্ষ্যে সামার নাইট লাইটস্ নামের একটি পরীক্ষামূলক কর্মসূচি অত্যন্ত সফলভাবে বাস্তবায়ন করা হয়েছে। সামার হলিডের সময় সকল বয়সীদেরকে ইতিবাচক কর্মকান্ডে ব্যস্ত রাখতে 'সামার নাইট লাইটস্' প্রজেক্ট গ্রহণ করা হয়। বিস্তারিত পড়ুন নীচে -

SUMMER NIGHT LIGHTS EVENTS

Harmony

Hadhimada lacag la'aanta ah ee dugsiyada hoose

Free school meals for every primary school pupil – see page 1

KAWNSULKA Tower Hamlets, ayaa daahfuray in arday kasta oo ku jira dugsiga hoose uu helo hadhimo lacag la'aan ah.

Kal hore kawnsulku wuxuu bilaabay in uu siiyo hadhimo lacag la'aan ah dhamaan ardayda bilawga ah iyo kuwa sannadka 1aad, haatana mushruucii wuu sii balaadiyey oo wuxuu ku fidiyey dhammaan carruurta ku jirta dugsiyada hoose.

Meeyar Lutfur Rahman, ayaa si rasmi ah u daahfuray mashruuc dhawaan, isaga oo kula qaadaynaya ardayda dugsiga hoose ee Chisenhale, Bethnal Green.

Wuxuu yidhi: "Waynu ognahay muhiimada ay leedahay in la xaqiijiyo in ardayd kasta helo qado diiran oo nafaqo leh meelin walba.

"Caarruurta fayoobi waxbarashada way ku fiican yihiin. Taana waxaa ka marag ah, dugsiyada Tower Hamlets heerka ay waxbarashada kaga jiraan."

Arday kasta oo ku jira dugsi hoose iyada oo aan la kala reebeen, islamarkaana la eegeyn dhaqaalaha qoyska uu ka soo jeedo, arday kastaa waa in uu helaa, qado lacag la'aan ah.

Enjoying free school lunch at Chisenhale Primary School

Deeqda waxbarashada ee Sanduuqa Maayarka

Mayor's Education Award – issue 1026

SANDUUQ deeda waxbarashada ee meeyarka, ayaa haatan diyaar u ah in arday waliba soo codsado £400, sannadkan.

Immika oo ay tahay sannadkii afraad ee deeqdan, waxaa loogu talagalay in ardayda ka soo qoysaska dhaqalahoodu liito, si ay ubadkoodu waxbarashada u sii wataan GCSE kadib. Ardayda ku guuleysata in ay helaan, deeqdani waxay ka caawinaysaa kharashayada waxbarashada, sida buugaagta iyo haddii loo baxayo safari oo kale.

Kawnsulku wuxuu rajeynayaa in maalgelinayo cidkasta oo u qalanta, sidaa daraadeed waxaa cidkasta lagu dhiirigelinayaa in soo codsato.

Deeqdan Meeyarka ee waxbarashada, waxaa la bilaabay sannadkii 2011.

Muddadi codsiga haatan si rasmi ah ayaa loo furay, wixii hore u soo qadimey arjigoodana waa la aqbalay.

Lacagtan, oo ku xidhan sida ardaygu ugu soo xaadiro casharadiisa, waxaa la kala sinayaa laba goor oo min 200 ah, maadaamaa ay aaqiibo tahayna lagama in dib u bixiyo.

Shuruudaha laga doonayo ardyagu in uu buuxiyo, waxaa ka mid ah in ay da'diisu tahay 16 ilaa 19 jir, bisha Sebtembarıda, in uu ku noolaa Tower Hamlets sedexdii sanno ee u danbeysey iyo in dakhliga qoyskiisu ka yar yahay £20,817.

Ardayda waxaa lagu waaninayaa in ay si degdeg ah araajida u soo doontaan. Arjigy waan in uu diyaar yahay 15 Disembar.

Faahfaahin dheeraad ah booqo **www.towerhamlets.gov.uk/mea**

Kooxda dheefaha oo xidhiidhisa deeqda waxbarashada ee meeyarka amma wac 7364 5001.

জিসিএসই উত্তীর্ণদের জন্য আর্থিক সহায়তা কার্যক্রম শুরু

Cash available to help keep young people in education

টাওয়ার হ্যামলেটস্ মেয়রস এডুকেশন এওয়ার্ড বা এমইএ এর কার্যক্রম আবার শুরু হয়েছে। বারার জিসিএসই উত্তীর্ণ শিক্ষার্থীরা ৪০০ পাউন্ড বৃত্তির জন্য আবেদন করতে পারবেন।

জিসিএসই পাশ করার পর দারিদ্রতার কারণে যাতে কেউ শিক্ষা থেকে ঝরে না পড়ে, সেজন্য এবার নিয়ে গত ৪ বছর ধরে এমইএ বারার শিক্ষার্থীদের আর্থিকভাবে সহায়তা করে আসছে। বৃত্তির জন্য আবেদনকারীর আবেদনপত্র সফল হলে একজন শিক্ষার্থী তার শিক্ষা ব্যয় নির্বাহে বছরে ৪০০ পাউন্ড পাবে, যা দিয়ে সে বই কেনা, যাতায়াত কিংবা শিক্ষা ভ্রমনে করতে পারবে।

মেয়র লুতফুর রহমান বলেন, সাফল্য অর্জনের ক্ষেত্রে দারিদ্র কখনই বাধা হতে পারে না। আমাদের স্কুল এবং আমাদের ছাত্র-ছাত্রীরা বার বার সাফল্য অর্জন করে এটাই প্রমাণ করেছেন।

মেয়র বলেন, এমইএ চালু না করলে অনেক শিক্ষার্থীই ঝরে পড়তো, যা তাদের জীবনের ওপর প্রভাব ফেলতে পারতো। অর্থনৈতিক কারণে কেউ তার সম্ভাবনার চূড়ান্ত বিকাশ ঘটাতে ব্যর্থ হবে, এটা আমি হতে দিতে চাই না।

কেন্দ্রীয় কোয়ালিশন সরকার কর্তৃক এডুকেশন মেইনটেনেন্স এওয়ার্ড (ইএমএ) বন্ধ করে দিলে টাওয়ার হ্যামলেটস্ কাউন্সিল বারার শিক্ষার্থীদের কথা বিবেচনা করে ২০১১ সালে মেয়রস্ এডুকেশন এওয়াড বা এমইএ চালু করে।

শিক্ষা ও শিশু সেবা বিষয়ক কেবিনেট মেম্বার, কাউন্সিলর গোলাম রব্বানী বলেন, এইভাবে আমাদের ছাত্র ছাত্রীদের সাহায্য করতে পেরে আমরা গর্বিত। বারার যেসকল শিক্ষার্থী মনে করেন, তারা এই শিক্ষা বৃত্তি পাওয়ার উপযুক্ত তারা কাউন্সিলের ওয়েবসাইট ভিজিট করে অথবা ০২০ ৭৩৬৪ ৫০০১ নাম্বারে ফোন করে বিস্তারিত জেনে নিতে তাদেরকে অনুরোধ করছি।

এমইএ - এর আবেদন পত্র গ্রহণ কার্যক্রম শুরু হয়েছে। যাদের আবেদন পত্র বিবেচিত হবে, তাদেরকে ২০০ পাউন্ড করে দুই কিস্তিতে প্রদান করা হবে।

এই গ্র্যান্ট পেতে হলে আবেদনকারীকে অনেকগুলো ক্রাইটেরিয়া পূর্ণ করতে হবে। ১ সেপ্টেম্বরে যাদের বয়স ১৬ থেকে ১৯ এবং যারা টাওয়ার হ্যামলেটস্ বারায় কমপক্ষে ৩ বছর বসবাস করতে হবে এবং যাদের পারিবারিক আয় ২০,৮৭১ পাউন্ডের কম, তারা এই অনুদান পাওয়ার যোগ্য বলে বিবেচিত হবে।

শিক্ষার্থীদের যত তাড়াতাড়ি সম্ভব আবেদন করার জন্য পরামর্শ দেয়ে হয়েছে।

এনরোলমেন্ট বা ভর্তি হওয়ার তারিখ থেকে পরবর্তী তিন মাসের মধ্যে এবং অতি অবশ্যই কোর্স ইয়ার শেষ হওয়ার আগে আবেদন পত্র জমা দিতে হবে।

বিস্তারিত তথ্য পেতে হলে **www.towerhamlets.gov.uk/mea** - এই ওয়েব সাইট ভিজিট করতে অনুরোধ করা হয়েছে।

Police community support officers enjoy a game of carom with a local resident on the Lincoln Estate

বিভিন্ন অনুষ্ঠানের মধ্য দিয়ে শেষ হলো সামার নাইট লাইটস প্রজেক্ট

Summer night lights events – see page 11

কমিউনিটির মধ্যে সৌহার্দ্যপূর্ণ সম্পর্ক আরো উন্নত করার মাধ্যমে অপরাধমূলক কার্যকলাপ প্রতিরোধের লক্ষ্যে সামার নাইট লাইটস্ নামের একটি পরীক্ষামূলক কর্মসূচি অত্যন্ত সফলভাবে বাস্তবায়ন করা হয়েছে।

শিক্ষা প্রতিষ্ঠানগুলোর সামার হলিডের সময় উচ্ছৃঙ্খলতা ও অপরাধমূলক কার্যকলাপের ঘটনা বেড়ে যায়। তাই এই সময় সকল বয়সীদেরকে বিভিন্ন ধরনের ইতিবাচক ও সৃষ্টিশীল কর্মকান্ডে ব্যস্ত রাখতে 'সামার নাইট লাইটস্' প্রজেক্ট গ্রহণ করা হয়। এটি টাওয়ার হ্যামলেটস্ সহ লন্ডনের ৮টি বারায় বাস্তবায়িত হয়েছে। উল্লেখ্য, ২০০৮ সালে মার্কিন যুক্তরাষ্ট্রের লস এঞ্জেলসে প্রথম এই প্রজেক্ট বাস্তবায়ন করে অপরাধের হার কমিয়ে আনার ফলে, এটি লন্ডনে চালু করা হলো।

পুলিশ, ভিক্টিম সাপোর্ট এবং বিভিন্ন ক্ষেত্রে কর্মরত স্বেচ্ছাসেবী সংগঠনগুলোর সাথে পার্টনারশীপের ভিত্তিতে টাওয়ার হ্যামলেটস্ কাউন্সিল বারার বিভিন্ন এলাকায় ১৮টি ইভেন্ট আয়োজন করে, যেসব অনুষ্ঠানে হাজার হাজার বাসিন্দা অংশ নেন।

গত ৫ সেপ্টেম্বর শুক্রবার এই প্রজেক্টের সমাপনী উপলক্ষে হোয়াইটচ্যাপল এলাকার কলিংউড এস্টেটে আয়োজন করা হয়েছিলো বিশেষ অনুষ্ঠানের। কয়েক শতাধিক কিশোর তরুণ বয়সী সহ সব বয়সী বাসিন্দাদের স্বতঃস্ফুর্ত অংশগ্রহণে পুরো অনুষ্ঠানটি প্রাণবন্ত হয়ে ওঠে। টাওয়ার হ্যামলেটসের নির্বাহী মেয়র লুৎফুর রহমান, চিলড্রেন সার্ভিস বিষয়ক লীড মেম্বার, কাউন্সিলর গোলাম রব্বানী, স্থানীয় কাউন্সিলর আবজল মিয়া ও পুলিশের উর্ধতন কর্মকর্তারা যোগ দেন।

কমিউনিটিগুলোকে একত্রিত করে অপরাধমূলক কর্মকান্ড মোকাবেলা করার লক্ষ্যে পৃথক ৪টি লকেশনে বিশেষ অনুষ্ঠান আয়োজন করা হয়। সব অনুষ্ঠানে পরিবেশন করা হয় গরম খাবার। এসব অনুষ্ঠানে ছিলো বাচ্চাদের জন্য বাউন্সি ক্যাসল, ফেয়ারগ্রাউন্ড গেমস, ওয়াল ক্লাইম্বিং, ডান্স ক্লাস, গ্রাফিটি প্রজেক্ট এবং বিভিন্ন ধরনের প্রতিযোগিতা।

প্রতিটি ইভেন্টে উপস্থিত ছিলো অত্যাধুনিক সরঞ্জামাদি সজ্জিত কাউন্সিলের র‍্যাপিড রেসপন্স বাস। কম বয়সীরা রান্না বান্নার কৌশল যেমন শিখেছে, তেমনি মিউজিক প্রোডাকশন সম্পর্কেও দক্ষতা লাভের সুযোগ পায়।

অনুষ্ঠানগুলোতে অংশগ্রহণকারীদের ওপর পরিচালিত তাৎক্ষনিক মতামত জরিপে দেখা গেছে ৯৫ শতাংশেরও বেশি ভবিষ্যতে এ ধরনের আরো অনুষ্ঠান আয়োজনের পক্ষে অভিমত দিয়েছেন।

শিশুদের জন্যে ফ্রি স্কুল মিলস্ প্রকল্প উদ্বোধন

বারার প্রতিটি প্রাইমারী স্কুলগামী শিশু শিক্ষার্থীদের জন্য ফ্রি স্কুলস্ মিলস্ চালু করে সরকারের জাতীয়ভিত্তিক স্কীমকে পেছনে ফেলে দিয়েছে টাওয়ার হ্যামলেটস্। গত বছর কাউন্সিল সকল রিসেপশন ও ইয়ার ওয়ান ক্লাশের শিক্ষার্থিদের জন্যে বিনা মুল্যে স্কুল খাবারের ব্যবস্থা চালু করেছিল। বিস্তারিত পড়ুন নীচে -

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Mayor Lutfur Rahman and Cllr Gulam Robbani enjoy lunch with pupils and head teacher Helen James at Chisenhale Primary School

শিশুদের জন্যে ফ্রি স্কুল মিলস্ প্রকল্প উদ্বোধন

Free school meals for every primary school pupil – see page 1

বারার প্রতিটি প্রাইমারী স্কুলগামী শিশু শিক্ষার্থীদের জন্য ফ্রি স্কুলস্ মিলস্ চালু করে সরকারের জাতীয়ভিত্তিক স্কীমকে পেছনে ফেলে দিয়েছে টাওয়ার হ্যামলেটস্।

বর্তমানে মাত্র তিনটি কাউন্সিল তাদের সকল প্রাইমারি স্কুলে ফ্রি মিল সরবরাহ করে থাকে।

গত বছর টাওয়ার হ্যামলেটস্ কাউন্সিল সকল রিসেপশন ও ইয়ার ওয়ান ক্লাশের শিক্ষার্থিদের জন্যে বিনামুল্যে স্কুল খাবারের ব্যবস্থা চালু করেছিল। এই ব্যবস্থা চালু পর এর সাফল্যের ধারাবাহিকতায় এখন বারার সকল স্কুলকে বিনামূল্যে খাবার প্রদানের আওতায় আনা হয়েছে।

গত ৯ই সেপ্টেম্বর মঙ্গলবার স্থানীয় চিজেনহেইল প্রাইমারি স্কুলের ছাত্র-ছাত্রীদের মধ্যে সরবরাহকৃত বিনামুল্যে খাবার সরবরাহ প্রকল্প সরেজমিনে পরিদর্শন করতে যান। এ সময় এডুকেশন এবং চিলড্রেন সার্ভিসের কেবিনেট মেম্বার, কাউন্সিলর গোলাম রব্বানিও তাঁর সাথে ছিলেন।

মেয়র লুৎফুর রহমান বলেন, "প্রত্যেকটি শিশুর ভালোভাবে বেড়ে উঠার জন্যে এবং শিক্ষা গ্রহনের লক্ষ্যে গরম ও পুষ্ঠিকর খাবার খাওয়া করা প্রয়োজন। স্বাস্থ্যবান শিশুরাই স্কুলে লেখাপড়ায় ভাল করতে পারে - টাওয়ার হ্যামলেটস হচ্ছে এর প্রকৃষ্ঠ প্রমান।

প্রকাশিত এক সংবাদে বলা হয়েছে, সারা দেশে ফ্রি স্কুল মিল স্কুলগুলোর রান্নাঘরে সংকটের সৃষ্ঠি করেছে। তবে টাওয়ার হ্যামলেটস এই সংকট কাটিয়ে উঠে অনেকটা অগ্রসর হয়ে আছে।

প্রধান শিক্ষকদের সহযোগিতায় আমাদের পুরস্কারপ্রাপ্ত ক্যাটারিং সার্ভিস সরকারের প্রকল্পকে পেছনে ফেলে বারার মধ্যে তাদের সেবা সম্প্রসারিত করে প্রত্যেকটি স্কুলে প্রতিদিন বিনা মুল্যে খাবার পরিবেশন করছে।

পারিবারিক আয়ের উপর ভিত্তি না করেই চলতি সেপ্টেম্বর মাসের টার্ম শুরু হওয়ার পর থেকে কাউন্সিল বারার প্রত্যেকটি প্রাইমারি স্কুলের ছাত্র-ছাত্রী ছাড়াও ফ্রি স্কুল (কাউন্সিল পরিচালিত নয়), একাডেমিগুলোতেও বিনামুল্যে খাবার সরবরাহ করছে।

এডুকেশন এবং চিলড্রেন সার্ভিসেস এর কেবিনেট মেম্বার, কাউন্সিলর গোলাম রব্বানি বলেন, "স্কুলে এসে বাচ্চাদের কাছে জানতে চেয়েছি তারা তাদের স্কুলের খাবার সম্পর্কে কি ভাবছে। আমার সময়ে মাশ পটেটো আর কপি ছিল প্রধানতম খাবার, বর্তমানে এর অনেক পরিবর্তন হয়েছে।

বাচ্চারা বলেছে, তারা লাঞ্চ টাইমের জন্যে অপেক্ষায় থাকে কারন তখন সুস্বাদু ও স্বাস্থ্যকর খাবার সরবরাহ করা হয়।"

১০ বছরের চিজেনহেইল স্কুল ছাত্রী ম্যানগাস থাকওয়ে বলেছে, খাবারের সব কিছুই ভাল, আমি প্রত্যেক দিন ভিন্ন ভিন্ন খাবার খেয়ে থাকি।"

আরেক ছাত্রী আমেলিয়া নুর (১০) বলেছে, ঠান্ডার সময় আমি গরম খাবার খেতে পারবো এবং গরমের সময় ঠান্ডা খাবার খেতে পারবো। প্রত্যেকটি খাবারই সুস্বাদু। আমার মা একজন ভাল রাঁধুনি। তবে এখানকার সব খাবারই মজা যা আমি সব সময়ই খেয়ে থাকি।"

চিজেনহেইল প্রাইমারি স্কুলের হেড টিচার হেলেন জেইমস বলেন, "৩১০ জনেরও বেশি শিশু বর্তমানে সুস্বাদু খাবারের স্বাদ গ্রহন করে থাকেন। গরম ও স্বাস্থ্যকর খাবার একটি শিশুর সুস্বাস্থ্য নিশ্চিত করার পাশাপাশি তার বিকাশকে সুন্দর করে থাকে।

তিনি বলেন, শিশুরা নতুন খাবারের সাথে পরিচিত হয় এবং লাঞ্চ টাইমে তারা মেলামেশা করার সুযোগ পায়। মধ্যাহ্নের খাবার গ্রহনের পর তারা আরো জোরের সাথে অধ্যয়নের প্রতি মনযোগি হতে পারে।

স্কুল ফুডের পরিকল্পনাকারি মাইলস ব্রেমার টাওয়ার হ্যামলেটস কাউন্সিলের সাম্প্রতিক উদ্যোগের প্রশংসা করে বলেন, এর ফলে শিশুরা সবল স্বাস্থ্যের অধিকারি হবে এবং লেখা পড়ায়ও ভাল করতে পারবে।

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গত সপ্তাহে অনুষ্ঠিত বার্ষিক টাওয়ার হ্যামলেটস্ ইয়ূথ সার্ভিস গেমস্ এ অংশ নেয়ার মধ্য দিয়ে শত শত তরুণ তরুণী তাদের সামার হলিডের ইতি টানেন। এই গেমস এ যে সকল ক্রীড়া প্রতিযোগিতা অনুষ্ঠিত হয়েছে, তার মধ্যে ছিলো আরচেরি, ব্যাডমিন্টন, সাইকেলিং, টেবিল টেনিস ইত্যাদি। ছেলে ও মেয়েদের মধ্যে দিনব্যাপি ফুটবল প্রতিযোগিতাও অনুষ্ঠিত হয়।

১৩ - ১৯ বছর বয়সীদের জন্য (অতিরিক্ত সহযোগিতা দরকার এমন ছেলেমেয়েদের ক্ষেত্রে ২৫ বছর বয়সী) এই বার্ষিক ক্রীড়া উৎসব অনুষ্ঠিত হয়। ১৭০ জন ছেলে মেয়েধ তাদের পছন্দের বিভিন্ন ধরনের খেলাধূলায় অংশ নেয়।

News in brief

ভিক্টোরিয়া পার্ককে ভোট দেয়ার জন্য আহ্বান

লন্ডনের বিখ্যাত পার্কগুলোর একটি টাওয়ার হ্যামলেটসের ভিক্টোরিয়া পার্ক পিপুলস চয়েস ২০১৪ এওয়ার্ডের জন্যে প্রতিদ্বন্দ্বিতা করতে যাচ্ছে।

জনগন অনলাইনে ভোট দেয়ার মাধ্যমে সারা দেশের ১ হাজার ৪৮২টি পার্ক কিংবা সবুজ গাছগাছালি সমৃদ্ধ উন্মুক্ত স্থানকে বর্ষসেরা পার্ক হিসাবে গ্রীন ফ্লাগ এওয়ার্ডের জন্য নির্বাচিত করতে পারবেন।

উল্লেখ্য, ২০১২ সালে ভিক্টোরিয়া পার্ক মর্যাদাপুর্ণ এই এওয়ার্ড জিতেছিলো এবং ২০১৩ সালে রানার্স হবার গৌরব অর্জন করেছিল।

এ বছরও পার্ক গ্রীন ফ্ল্যাগ স্ট্যাটাস বজায় রেখেছে। গুনগত মান বজায় রাখার জন্যে জনগনের জন্যে উন্মুক্ত প্রাংগনগুলোকে গ্রীন ফ্ল্যাগ মর্যাদায় ভুষিত করা হয়ে থাকে।

কালচারের কেবিনেট মেম্বার কাউন্সিলর শফিকুল হক বলেন, "মনে রাখবেন ভিক্টোরিয়া পার্ক আপনার ভোটের মাধ্যমে বিজয় অর্জনে প্রত্যাশি।"

ভিক্টোরিয়া পার্ক বারার সবচেয়ে গৌরবের ও মর্যাদার একটি মুক্তাঙ্গন। ২০১২ সালে ১২ মিলিয়ন পাউন্ড ব্যয়ে ৮৬ হেক্টর ভুমির উন্নয়ন সাধন করা হয়েছে।

গত ১৭০ বছর ধরে কয়েক মিলিয়ন লোক বিনোদন, খেলাধুলা ও অবসর কাটানোর জন্য এই পার্ক ব্যবহার করে আসছেন।

স্থানীয়দের কাছে এটি 'পিপলস পার্ক' হিসাবে পরিচিতি লাভ করেছে। কমিউনিটির স্বাস্থ্য ও অবসর বিনোদনের কথা বিবেচনা করে এই পার্ক সৃষ্টি করা হয়েছিলো।

'শুধু পড়ুন' শীর্ষক প্রচারাভিযান শুরু

গত ৪ঠা সেপ্টেম্বর থেকে টাওয়ার হ্যামলেটসে 'শুধু পড়ুন এবং বিনা মূল্যে বই বাছাই করুন' শীর্ষক প্রচারাভিযান শুরু হয়েছে।

আইটিভি'র বিশেষ অনুষ্ঠান গুড মর্নিং ব্রিটেন এই প্রচারাভিযানের উদ্যোগ গ্রহন করেছে। তারা মা বাবার প্রতি আহ্বান জানিয়েছে যেন তারা প্রতিদিন অন্তত ১০ মিনিট তাদের ছেলে-মেয়েদের নিয়ে বই পড়তে বসেন।

জাতীয় চ্যারিটি ওর্গেনাইজেশন দি রিডিং এজেন্সি অন্যান্য নেতৃস্থানীয় চ্যারিটির সাথে যৌথভাবে শিক্ষক, অভিভাবক এবং ব্যবসা প্রতিষ্ঠানের সাথে মিলে 'রিড অন-গেট অন' শীর্ষক এই পাঠচক্র পরিচালনা করে আসছে।

এই পাঠচক্র জোট ১১ বছরের কিশোর-কিশোরিদের মধ্যে সফল পাঠাভ্যাস গড়ে তোলার জন্যে ২০২৫ সালকে সামনে রেখে কার্যক্রম চালিয়ে যাচ্ছে। সম্প্রতি প্রকাশিত এক রিপোর্ট থেকে জানা গেছে যে, লক্ষাধিক কিশোর-কিশোরি পর্যাপ্ত পাঠাভ্যাস গড়ে তোলা ছাড়াই স্কুল ছেড়েছে। ৮ থেকে ১১ বছরের বাচ্চাদের নিজেদের কোন বই ই নেই তাদের ঘরে।

মেয়র লুতফুর রহমান বলেন, "আমি জাস্ট রিড ক্যাম্পেইন অর্থাৎ 'শুধু পড়ুন' প্রচারাভিযানকে সমর্থন করি এবং আশা করি বাসিন্দারা এই উদ্যোগে অংশ গ্রহন করবেন। প্রতিদিন ১০ মিনিট আপনার শিশুর সাথে বই পাঠে অংশ নিয়ে শিশুর পাঠ-দক্ষতা গড়ে তুলুন এবং বাচ্চার সাথে একটি সবল সম্পর্ক গড়ে তুলতে সহায়তা করুন। এর ফলে শিশুটি দীর্ঘ মেয়াদের উপকৃত হবে।"

কালচার বিষয়ক কেবিনেট মেম্বার কাউন্সিলর শফিকুল হক বলেন, "টাওয়ার হ্যামলেটসের আইডিয়া স্টোর পড়ার জন্যে একটি উপযুক্ত স্থান। আইডিয়া স্টোরে বিনা মুল্যে হাজার হাজার বই পড়ার সুযোগ রয়েছে।"

এই ক্যাম্পেইনের ফলে টাওয়ার হ্যামলেটসের হাজার শিশু সামারের সময় সামার রিডিং চ্যালেঞ্জ প্রকল্পে বই পড়ার উদ্যোগের সাথে জড়িত হয়।

ব্রাডি সেন্টারে চলছে পূর্ব লন্ডনে বলিউড সিনেমার ইতিহাস ভিত্তিক এক্সিবিশন

লন্ডনের ইস্ট এন্ডে বলিউড সিনেমার চিত্তাকর্ষ ইতিহাস এবং এশিয়ান কমিউনিটিতে এর লক্ষ্যনীয় কী বিপুল প্রভাব ছিলো, তা তুলে ধরতে নতুন এটি প্রদর্শনী চলছে হ্যানবারি স্ট্রিটের ব্রাডি আর্টস্ সেন্টারে।

'বেক টু বলিউডঃ সাউথ এশিয়ান সিনেমা ইন্ দ্যা ইস্ট এন্ড' শীর্ষক এই প্রদর্শনী চলবে আগামী ২৬ সেপ্টেম্বর পর্যন্ত।

এই এক্সিবিশনে টাওয়ার হ্যামলেটস্ বারার যে চারটি ভেন্যুতে ইন্ডিয়া, বাংলাদেশ ও পাকিস্তানের চলচিত্র দেখানো হতো, সেগুলোর ওপরই আলো ফেলা হয়েছে। এই ৪টি ভেন্যুর অন্যতম দুটি হলো ব্রিকলেনের নাজ এবং মাইল এন্ডের লিবার্টি। এগুলো শুধু সিনেমা হলই ছিলো না, কমিউনিটির গুরুত্বপূর্ণ কেন্দ্র হিসেবে পরিগণিত হয়েছিলো এই ভেন্যুগুলো।

প্রিদর্শনীতে চলচিত্রের অরিজিনাল পোস্টার, ভেন্যুগুলোর ছবি এবং ঐ সময়ের গল্প করেছেন এমন কয়েকজনের পোট্রেট ও তাদের মন্তব্য তুলে ধরা হয়েছে।

টাওয়ার হ্যামলেটস্ কাউন্সিলের ইয়ূথ আর্টস্ গ্রুপের সদস্যরা ঐ সময় যারা সিনেমা হলে যেতেন এবং বর্ণবাদ বিরোধী মিছিলে সমাবেশে যোগ দিতেন তাদের ইন্টারভিউ করেছেন। আগামী ১৬ সেপ্টেম্বর ৬টায় দেখানো হবে কভেন্ট্রিতে এশিয়ান সিনেমার ইতিহাস নিয়ে নির্মিত কভি রিত্জ কাভি প্যাল্লাডিয়াম নামের তথ্যচিত্র।

■ The above stories are: vote for Victoria Park – see page 3; join the Just Read campaign; back to Bollywood exhibition – issue 1026.

The Salvation Army clocktower in Garford Street

Museum of London Docklands in West India Quay

West India Quay bridge spans the dock

On this month's walk, **Graham Barker** takes a closer look at Crossrail and Billingsgate. Photos by **Kois Miah**.

Steel city walking

Walk of the Month: Westferry to Blackwall

CROSSRAIL is Europe's largest infrastructure project. When it opens in 2018, it will transform transport connections across London.

In the meantime, you can witness it taking shape; on this walk you'll see the construction work in progress at Canary Wharf station. There are echoes from the past too, as you pass old rum and sugar warehouses beside the former West India Import Dock.

From Westferry DLR station, walk beside the railway viaduct and cycle super highway CS3, picked out in electric blue.

At Garford Street, there's a delightful group of dock constables' cottages – designed by John Rennie in 1819 – and a cluster of Salvation Army buildings.

The Salvation Army has been here since 1930. But the older building – set back and topped with a cupola – was built as the Scandinavian Seamen's Temperance Home **(1)**. Like other hostels hereabouts, it provided accommodation, social and welfare facilities for seamen during their turn-around time in London.

Around the corner, the Dockmaster's House **(2)** – despite its name – was built as the Excise Office, with a matching Customs Office opposite. It later became the Jamaica Tavern, quenching thirsty sailors, and is now an upmarket Indian restaurant.

Dock security was of paramount importance; two stone gate-piers mark the old dock entrance, and along Hertsmere Road you'll find a small rotunda **(3)**. Dating from 1804, this was the armoury for the dock's own military regiment.

Dock constables' cottages

A similar building – now demolished – served as a lock-up to hold suspected thieves and trespassers.

(Below) The new age Crossrail station under construction

The cooperage and stores have since been adapted into the Cannon Workshops. Opposite, a giant inscription heralds your arrival at the West India Docks. In flowery language it proclaims that the new docks "shall contribute stability, increase and ornament to British commerce."

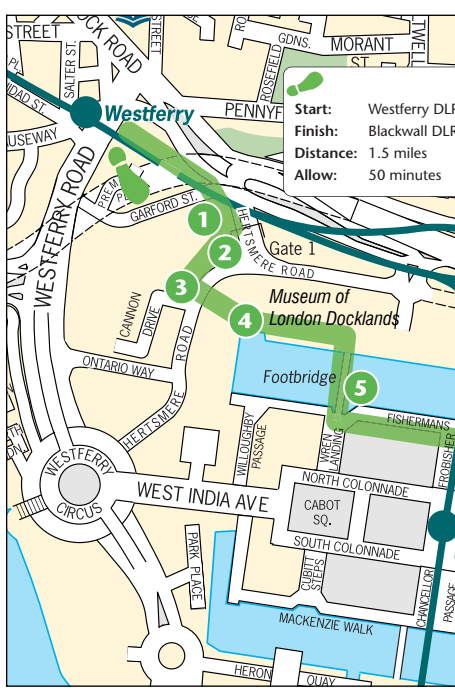
A long run of warehouses and dock offices face the water. First up is the old counting house – now a pub – and then the Museum of London Docklands **(4)**, housed in a former sugar warehouse. If you have time, it's well worth exploring the displays on dock history, international trade and slavery.

Outside, Robert Milligan – a wealthy merchant, ship-owner and dock promoter – surveys the horizon. The West India Docks comprised three parallel docks, with room to berth 600 ships. One visitor in 1826 wrote: "Everything is on a colossal scale with sugar enough to sweeten the whole adjoining basin, and rum enough to make half England drunk."

Head over the yellow floating footbridge **(5)**, engineered by Anthony Hunt Associates to straddle the dock on pontoons, like rubber shoes. There's a backdrop of office blocks, with One Canada Square as the centrepiece – 46 storeys high, clad in shimmery steel and topped by a pyramid.

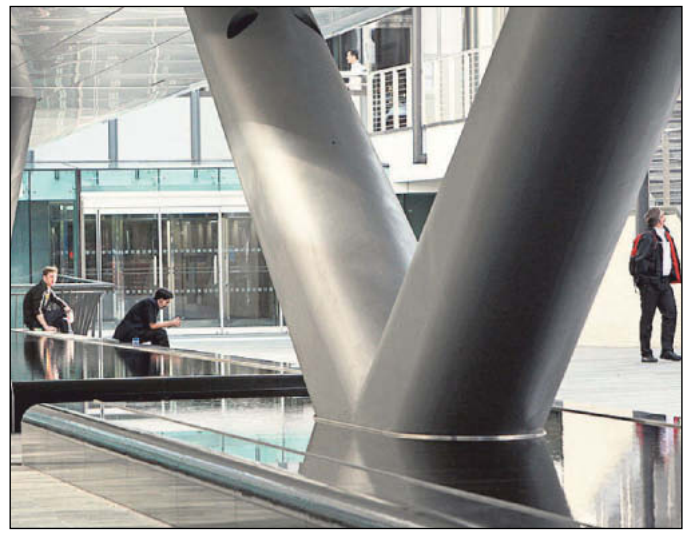
At Wren Landing, decorative steel railings designed by Bruce McLean characterise the attention that Canary Wharf Group has given to the landscaping; there are more than 60 sculptures around the estate, making it one of the UK's largest collections of public art. Along Fisherman's Walk you'll find another sculpture – Keith Rand's Original Form uses lengths of Douglas fir, rippled to create a honeycomb effect.

Crossrail **(6)** is a colossal project to create a speedy cross-London train line, reaching out to Maidenhead in Berkshire and Shenfield in Essex. The Canary Wharf station – designed to resemble a ship in the dock – runs for 256 metres across six storeys. The underground levels will handle



Midland Bank WWI memorial

West India Quay DLR with the Crossrail station at the rear



A break out area under the towers

trains and passengers, with shops and restaurants above. Most remarkably, there will be a public garden on top, planted with trees and shrubs and incorporating space for arts events.

Your pathway opens out into Adams Place, landscaped with gentle water features and planters stepping up in eye-catching tile work. The overhead walkway – rather space age in style – will provide station access from Canary Wharf.

Somewhat unexpectedly, behind HSBC, you'll encounter two war memorials **(7)** commemorating Midland Bank employees; these were relocated from Midland branches in the City.

The WWI memorial is especially striking, flanked by figures of St George and the Recording Angel by Albert Toft.

You emerge onto Upper Bank Street. From here, there are close-up views of the roof arc – a lattice of spruce glulam beams, inset with air-filled cushions – like a huge blanket of bubble wrap.

At the station's end, step down to the waterside. A footbridge, flashed with red, takes you over to a neon light sculpture; Bill Culbert's Coup de Foudre II – meaning both a 'bolt of lightning' and 'love at first sight' – swirls inside and outside the building, like scribbles in the sky.

Inside, Idea Store Canary Wharf **(8)** offers book groups and art events, as well as library books and online access. Back outside, head up the grey granite steps – if you're not feeling energetic, there's an escalator nearby.

Billingsgate Fish Market **(9)** is crowned with yellow tubular steel and two golden fish weather vanes. Here, around 40 merchants sell all manner of seafood to restaurants, delis and fishmongers. It's open to the public too; you'll need to be an early riser, as trading runs from 4-8.30am.

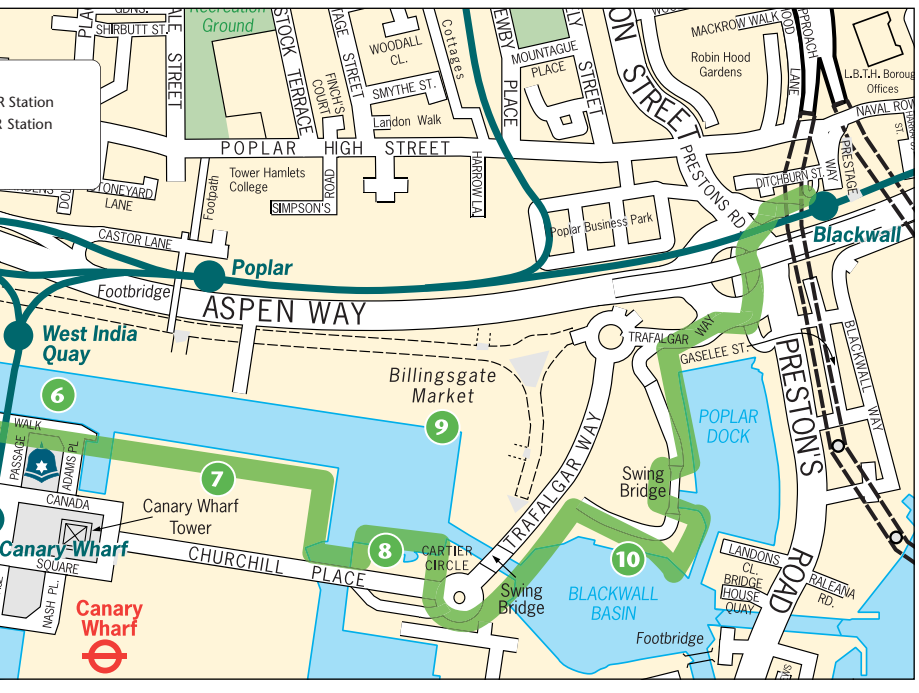
Billingsgate operated in the City for more than 600 years, before relocating here in 1982. Each year the Lord Mayor of London presents a gift of fish, as ground rent, to Tower Hamlets.

The view widens as you arrive at a distinctive sculpture at Cartier Circle; this arc of 17 lustrous bronze posts is lit up at night. Box hedging, neatly trimmed, radiates out underneath.

Cross over with care and take in the elevated views towards the O2 arena, and Wood Wharf park and business zone. Beneath you, Blackwall Basin **(10)** once served as the main entrance chamber between the Thames and the docks. You can reach the waterside via the footbridge, splicing between housing blocks on Trafalgar Way.

The waterside snakes around to Poplar Dock. Now home to a marina community of Dutch barges and houseboats, Poplar Dock was designed primarily to regulate water levels in the adjacent docks. It was also used to store newly-landed timber logs – floated in the water to prevent cracking – and from 1850 it became a railway dock, handling coal shipped from the north-east. Cranes, rather like herons, stand perched on the waterside.

Wide stone steps lead down to Aspen Way. At the bottom, head right and spiral down through the underpass, in the shadow of road gyrations. At the far end, you arrive at Blackwall DLR station, the end of your walk.



(Top) Original Form by Keith Rand (Above) Billingsgate Fish Market is great for early risers

(Main photo) One Canada Square tower

Open House

Take a free tour of Canary Wharf's art sites on September 20.

DETAILS BELOW

Free films and Home Cinema Day

As the final leg of Scalarama 2014, the organisation hosts Home Cinema Day (on September 28), where it is encouraging people to come together to turn their homes into cinemas for the day.

TWEET TO #HCD2014

Out & about guide

What's on where this week

Nuclear War: What's In It For You?
A new group exhibition probes differing artistic and political representations in the period leading up to the collapse of the Berlin Wall in 1989. It features a range of works including a piece from curator Will Benedict. Until Sept 27. Open 11am-6pm, Tues-Sat. Vilma Gold, 6 Minerva Street, E2.

IMAGE: Nuclear War: What's in it for you?, Vilma Gold, London, 2014, curated by Will Benedict, courtesy Vilma Gold, London

Events

Knowledge Arts Festival 2014
Theatre performances and workshops, live music and a free, family-friendly street party at Pocket Park, Derbyshire Street. Sat, Sept 20, 11am-4pm. Oxford House marks its 130th anniversary with a programme including 130 Views, a contemporary art exhibition open until Sept 31. Oxford House, Derbyshire Street, E2.
7739 9001
www.oxfordhouse.org.uk

Open House weekend
More than 800 buildings, including many not usually seen by the public, swing open their doors as part of the annual festival. Borough highlights include Trinity Buoy Wharf at Leamouth, Balfron Tower in Poplar, St Mary's Bow Church, and free art tours departing from Canada Square in Canary Wharf.
Sat & Sun, Sept 20 & 21.
www.openhouselondon.org.uk

Exhibitions

Dan Jones exhibition and workshop
Retrospective of the local artist's paintings and posters spanning more than 40 years. Until Nov 12. On Weds, Sept 17, Jones hosts a poetry workshop reflecting on life in the borough. 6.30-8pm. Free.
Idea Store Whitechapel, 321 Whitechapel Road, E1.
7364 1290

Sugars, Protein and Salt (Perfect Fried 1)
Exhibition by Sophie Lee uses collage and two-part video work to probe society's throwaway culture.
Until Oct 5. Free.
IMT Gallery, 210 Cambridge Heath Road, E2.
www.facebook.com/IMTgallery

Film

Scalarama 2014 at Genesis
Series of free films to mark Scalarama, an annual celluloid celebration throughout the month. On Sat, Sept 20, Paragon Bar hosts a VHS all-dayer, with cult classics including Texas Chainsaw Massacre, Alligator and Punaman, plus a special secret film. Some films are age restricted. 11am.
Genesis Cinema, 93-95 Mile End Road, E1.
7780 2000

Music

Ewan Bleach
Jazz multi-instrumentalist, who specialises in blues and jazz pieces from the '20s and '30s. £4. Thurs, Sept 18. 7pm.
Jamboree, 566 Cable Street, E1W.
07713 867881

Talks

Simon Armitage in Conversation with Melvyn Bragg
Acclaimed poet reads excerpts from Paper Aeroplane: Selected Poems 1989-2014, a new gathering of work. Armitage is joined by broadcaster Melvyn Bragg. £15 (£12 concs).
Thurs, Sept 18. 7.30pm.
Wilton's Music Hall, Graces Alley, E1.
7702 2789

Dance

Argentinian tango E14
Class. Sat 1-5pm. £5. St John's Community Hall, 37 Glengall Grove, E14.
7538 3852

Ballroom/Latin American
Fri, 1.45-3.45pm, £5, free refreshments. No beginners.
Kingsley Hall, Powis Road, E3.
8550 1392

Brazilian dance aerobic classes
Weds 9-10am & Thurs, 1-2pm. Free.
Alpha Grove Centre, Isle of Dogs, E14
7538 1714

Energize4Girlz
South African gumboot dancing.
Every other Saturday from 11am-12:30pm.
St Pauls Shadwell Church, 302 The Highway, E1.
energize4girlzdance@gmail.com

Green Candle Senior Dance
Over-60s, no experience is necessary.
Tues, 10.30am-12.30pm, one free taster session.
Oxford House, Derbyshire Street, E2.
7739 7722

Salsa
For dancers of all experience, beginners welcome, followed by dancing until midnight. Prices vary. Free first class for ladies.
Every Weds, 7.30-9.30pm.
The Urban Bar, 176 Whitechapel Road, E1.
07932 658861

Swing Dance
All ability levels welcome.
Every Fri, 7-9pm.
£7 per person or £10 for a lead/follow couple.
The Hall, St Margaret's House, 21 Old Ford Road, E2.
8980 2092

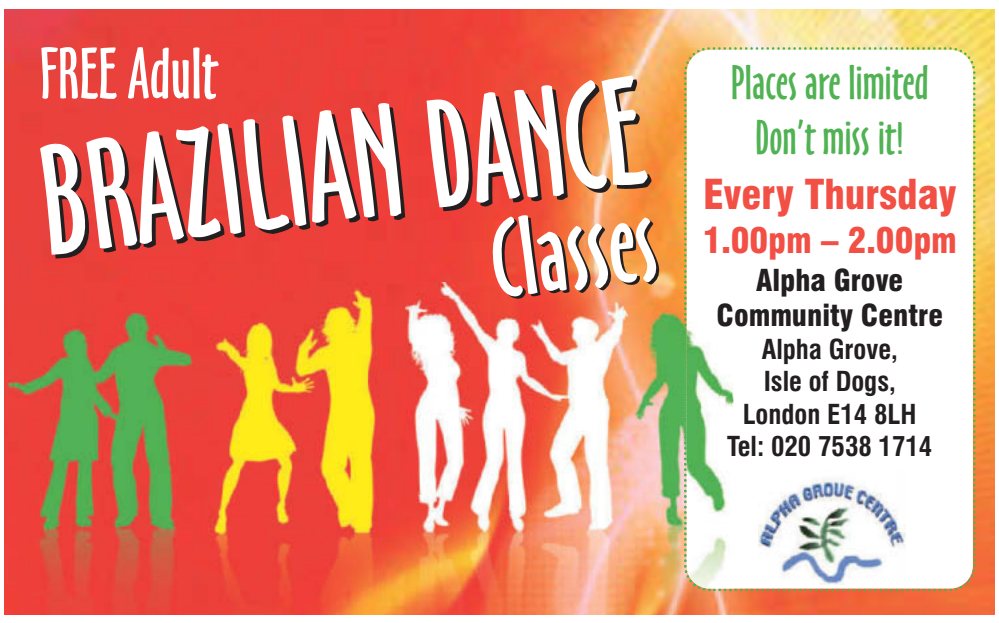
Zumba classes
Every Tues 11.15am-12.15pm.
Healthy living sessions every Fri, 11am-3pm.
St Matthias Community Centre, 113 Poplar High St, E14.
7515 8362

Kids

Dance play
Dance and movement for parents/carers and children aged 1-5. Tues, 1.45-2.45pm, £1.50 (concessions available).
Language of Dance Centre, Oxford House, Derbyshire Street, E2.
7749 1131

Ballet
Classes every Thurs – ages 3-5 yrs, 3.50-4.25pm, £4; ages 6-11 yrs, 4.25-5.10pm, £4.
Alpha Grove Centre, Isle of Dogs, E14.
7538 1714

Deaf after school club
For ages 5-12. Mon-Fri, 4-6pm.
Tower Project, 45-55 White Horse Road, E1.
naima@towerproject.org.uk
7790 9085



Rope, ribbon and Rime

Rime sees performers balance, hang and tumble across a ship's mast using rope and ribbon, using Samuel Taylor Coleridge's epic poem Rime of the Ancient Mariner as inspiration.

SEE BELOW

Flying free

Bridget McCrum's sculptures include feathered friends.

SEE BELOW

Nico's moving up the hip-hop hierarchy

A BOW rapper is gearing up for his second major support slot with some of America's biggest hip-hop names.

Nick Harris, aka Nico, is booked to join the likes of Xzibit, B-Real & Demrick in their upcoming Serial Killers Tour at the Voodoo Lounge in Dublin on September 25.

Speaking to East End Life ahead of the show, Nico said he was "very excited" about the approaching performance.

Asked about how Bow, where the rapper has been based for the last eight years, had influenced him as a musician, he said: "I've lived here throughout my whole musical journey. Bow has produced some great artists in the past and has been a major influence on me."

Last month, Nico supported Mobb Deep on their 20th anniversary world tour, also in Dublin.

Previously, the 28-year-old rapper and singer-songwriter qualified for the regional finals of Open Mic 2013, the country's biggest competition for singers and solo artists.

Nico has just released a mixtape titled Through the Flames, which is available for download at **nicomusic1000.bandcamp.com**

To hear more of his music visit **www.youtube.com/nicomusic1000** or follow him on Twitter here **@nicomusic1000**

Nick Harris, aka Nico, (left) has spent his "whole musical journey" in Bow

Have your say on migration art

BY JAMES MARTIN

AN artist is inviting the public to decide between two proposed monuments that probe contrasting attitudes towards migration.

Ahmed Farooqui is set to show his designs for the project, titled Monument to Migration, during an exhibition which opens next week at the Espacio Gallery in Bethnal Green.

"There are always two sides to the migration coin, and its effects – whether good or bad – depend on who you are and where you live," said Farooqui.

"So I've designed two monuments, one from the perspective of the new migrants and settlers, and another from the perspective of the settled, indigenous communities."

The artist describes his migrant monument as a "soaring structure of steel" which represents the energy that new migrants bring to an area.

Meanwhile his second piece, called The Grinder, is made from parallel steel plates which each represent a different community, and explores the tensions this may arouse.

Farooqui added that members of the public were welcome to submit their own designs.

About Brick Lane is free and runs from September 18-30 at the Espacio Gallery, 159 Bethnal Green Road, E1.

As well as Farooqui's designs, the exhibition features ten other contemporary artists who explore the history, culture and architecture of the area through a mix of forms including painting, printmaking, photography and installations.

The gallery opens from 1-7pm each day, except for the final day of the exhibition when it closes at 5pm.

Ahmed Farooqui's Umbra Sumus as it might look

Farooqui's second piece, The Grinder

A RETROSPECTIVE of an acclaimed sculptor and stone carver has opened in Canary Wharf. Bridget McCrum's new exhibition, Past Present, at One Canada Square was unveiled last week and provides visitors with a sweeping look back at the artist's career.
The 80-year-old sculptor's works range from an early carving of a dog made when McCrum was 16 through to large bronzes and stone carvings produced this year.
A major theme in Past Present is the various depictions of birds, including their characteristics and habits.
Later in the autumn, a free tour of the exhibition is being held with curator Ann Elliott and McCrum.
To reserve a place on the tour, which takes place from 6.30-7.15pm on October 28, email visualart@canarywharf.com
Past Present runs at Lobby, One Canada Square, until November 14. Visitors can see the works between 5.30am and midnight Monday to Friday and 7am-11.30pm on Saturdays and Sundays. For more about McCrum's sculptures, see www.bridgetmccrum.com

News in brief

Circus of Rime

A UNIQUE fusion of circus, dance and theatre swings in to town next weekend.

Rime, an acrobatic show which is co-commissioned by the National Theatre, arrives at Stratford Circus on September 25 on the final leg of its nationwide tour.

The dramatic show – which sees performers balance, hang and tumble across a ship's mast using rope and ribbon – employs Samuel Taylor Coleridge's epic poem Rime of the Ancient Mariner as its inspiration.

A past winner of a Herald Angel award at the Edinburgh Fringe Festival, Rime – directed by Tim Lenkiewicz – has also appeared since at the National Theatre's Watch This Space and Camp Bestival.

The family-friendly show, which has been on tour since April, runs between September 25 and 27 at Stratford Circus, Theatre Square, E15.

Tickets cost £12-£6 and family options are also available.

To book visit **www.stratfordcircus.com** or call 0844 357 2625 for show times.

Bubble birthday

THE Bubble Club is holding a bash to celebrate its ninth birthday and to recognise the work of people with learning difficulties in the entertainment industry.

Bands, singer/songwriters, tribute acts and the club's own resident DJs will be at the Backyard Bar, 231 Cambridge Heath Road, Bethnal Green on Wednesday September 17 from 7-11pm. Tickets just £5, all welcome.

Poets in Store

CREATIVE writers of poetry or prose are invited to present and share their work with a live audience and other aspiring writers at an event on Saturday, September 27.

The Spread the Word open mic event will take place from 2-4pm at Idea Store Chrisp Street, Poplar. Free refreshments will be provided.

For further information call 7364 4332 or visit **www.ideastore.co.uk**

AUTUMN PROGRAMME

8 Sept–17 Dec 2014

wearespotlight.com
020 30 111 333
hello@wearespotlight.com

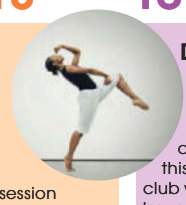
Spotlight
30 Hay Currie Street
E14 6GN
(next to Langdon Park DLR)

Welcome to the Autumn edition of the Spotlight programme. As always we have an amazing range of partners delivering fantastic activities.

Become a member and sign up online at: wearespotlight.com

MONDAYS

Fitness Training
by Tower Hamlets Sports Development
5-6PM GIRLS 11-19s



Attention all girls! This session is designed for you! Come along, train together, and get fit in a fun environment! Delivered by female fitness coaches.

SEP 8, 15, 22, 29, OCT 6, 13, 20, NOV 3, 10, 17, 24, DEC 1, 8

Cookery & Baking
by The Dusty Knuckles
5-6.30PM 11-14s

Discover the world with cookery and baking workshops delivered by The Dusty Knuckles. From Italy to India the team will take you on a culinary journey. In each session you will learn new techniques and be able to take your food home.

Limited to 10 students per class, booking essential.

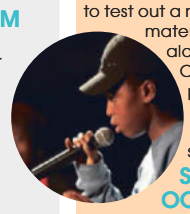
SEP 8 & 22, OCT 6 & 20, NOV 10 & 24, DEC 8

Guitar Band
by Musicus
5-7PM 11-19s

Always dreamt of being part of a band? Musicus Guitar Band is the perfect opportunity to learn guitar and gain the skills to give you a head start in the music industry. Coached by top professional musicians, you will learn how to play and perform as a group. With opportunities to play the electric and bass guitar, you'll join other future pop and rock stars to create original music to be showcased in front of a live audience. Guitar Band is aimed at beginner to intermediate musicians.

SEP 15, 22, 29, OCT 6, 13, 20, NOV 3, 10, 17, 24, DEC 1, 8

Open Mic
by Spotlight
7-9PM 11-19s



Are you a singer, poet or comedian? Need a place to test out a new song or new material? Then come along to Spotlight's Open Mic! Taking place in our café, this is your opportunity to perform in front of a supportive audience.

SEP 8, 15, 22, 29, OCT 6, 13, 20, NOV 3, 10, 17, 24, DEC 1, 8

TUESDAYS

Dance Club
by Rambert
5-6.30PM 11-19s

Delivered by professional dance company, Rambert, this is a fun, high energy dance club which meets weekly. You will have the opportunity to develop new dance skills and create your own moves. No experience necessary, just enthusiasm and energy!

OCT 7, 14, 21, NOV 4, 11, 18, 25, DEC 2, 9

Radio Training
by East London Radio
6-8PM 11-19s

Work towards a weekly broadcast with the team at East London Radio, taking place in Spotlight's beautiful radio studio this could be the start of your media career!

SEP 9, 16, 23, 30 OCT 7, 14, 21, NOV 4, 11, 18, 25, DEC 2, 9

Street Dance
by Embrace
6.30-8PM 11-19s

An Embrace Street Dance session is perfect for those with some or no dance experience. We make sure that you learn the basic urban moves, while also boosting your confidence and having a good time! Street dance is a great workout too.

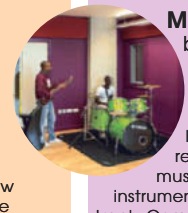
SEP 9, 16, 23, 30, OCT 7, 14, 21, NOV 4, 11, 18, 25, DEC 2, 9

Live Band Workshop
by Leaders in Community
5-7PM & 7-9PM 11-19s

Whether you play an instrument, write songs or are simply interested in music. Come along to live band workshop delivered by Leaders in Community and their team of professional musicians.

SEP 9, 16, 23, 30, OCT 7, 14, 21, NOV 4, 11, 18, 25, DEC 2, 9

Music Production
by CM Sounds
6.30-8PM 11-19s



CM Sounds will give you the chance to learn how to make, record and arrange music. Edit vocals and instruments and mix your own track. Come down and learn from the best music producers and artists in the business.

SEP 9, 16, 23, 30 OCT 7, 14, 21, NOV 4, 11, 18, 25, DEC 2, 9

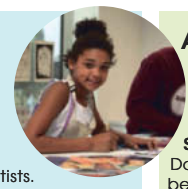
Kickboxing
by Tower Hamlets Sports Development
5-6.30PM 11-19s

A great way to boost your fitness and self-defence skills. Come and train with international coaches and kickboxers.

SEP 9, 16, 23, 30, OCT 7, 14, 21, NOV 4, 11, 18, 25, DEC 2, 9

WEDNESDAYS

Café Club
by Spotlight
3.30-5PM 9+



Café club is for young people aged 9+, delivered by cutting edge artists. You will get a chance to try fun and interactive arts and crafts activities from illustration and fashion to puppetry and printing. Come along discover the arts and meet the Spotlight team.

SEP 10, 17, 24, OCT 1, 8, 15, 22, NOV 5, 12, 19, DEC 3, 10

Homework Club
by Spotlight
5-7PM 11-14s

Need help with your homework or just a quiet space? Don't panic, come along to Spotlight's Homework Club and get the support you need.

SEP 10, 17, 24, OCT 1, 8, 15, 22, NOV 5, 12, 19, DEC 3, 10

Football Training
by Langdon Park Laces
4-6PM GIRLS 11-19s

Langdon Park Laces is a football club for girls between the ages of 11-19. We aim to get as many girls into football as possible, while providing opportunities to get involved in the community, learn new skills and make new friends. Each week we'll play football and then do an activity 'off the pitch'. You don't need to be good at football, enthusiasm is all you need.

SEP 10, 17, 24, OCT 1, 8, 15, 22, NOV 5, 12, 19, DEC 3, 10

Boxing
by Milestone
4-5.30PM 12-19s

For boys and girls. Boxing is a great way to reduce stress, gain strength & core stability while meeting new people!

SEP 10, 17, 24, OCT 1, 8, 15, 22, NOV 5, 12, 19, DEC 3, 10

Bollywood
by Akademi
5-6PM GIRLS 11-19s

Work towards your Bronze Arts Award with Akademi! Delivered by dancer & choreographer Showmi Das with Parbati Chaudhury, this is a high energy and fun dance class. This will give you the chance to learn from professional performers and get an Arts Award Certificate.

Photo credit: Akademi/Pete Schiazza (photo of Showmi Das, Uma Ventakarian and Lavina Suthernthiran)

OCT 8, 15, 22, NOV 5, 12, 19, DEC 3, 10

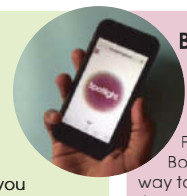
Zumba
by Tower Hamlets Sports Development
6.30-7.30PM 11-19s

Pump up the music and be prepared to get fit as Zumba comes to Spotlight. A total workout, combining all elements of fitness, this is great way to gain more confidence, meet new friends and get fit!

SEP 10, 17, 24, OCT 1, 8, 15, 22, NOV 5, 12, 19, DEC 3, 10

THURSDAYS

App Design
by AppsCluster
5-6.30PM 14-19s



Spotlight App Design
Do you have a flair for being creative? Have you got ideas about what a Spotlight App could look like?

SEP 11, 18, 25, OCT 2, 9, 16

Coding
See yourself as a Coder? Want to learn how to code and build a complete app on Android, iPhone and Windows Phone?

NOV 6, 13, 20, 27, DEC 4, 11

Fashion Club
by Spotlight
6.30-8PM 11-19s

Experience different areas of fashion from designing and illustration to upcycling and blogging. Led by industry professionals, the programme will offer first hand knowledge of getting into the fashion industry!

SEP 11, 18, 25, OCT 2, 9, 16, NOV 6, 13, 20, 27, DEC 4, 11

Homework Club
by Spotlight
5-7PM 11-14s

Need help with your homework or just a quiet space? Don't panic, come along to Spotlight's Homework Club and get the support you need.

SEP 11, 18, 25, OCT 2, 9, 16, NOV 6, 13, 20, 27, DEC 4, 11

Instrumental Tuition
by CM Sounds
5-6.30PM 11-19s

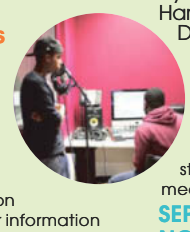
Ed Sheeran started learning guitar aged 11 and tried his hand at singing not long after. You could follow in his footsteps and have a go at singing, drums or guitar at Spotlight! You will get a chance to learn the drums, develop your vocal skills and play the bass guitar. Get expert tuition from the professionals. No previous skills necessary, just a desire to learn and be creative.

Drums: Sep 11, 18 & 25
Vocals: Oct 2, 9 & 16
Bass: Nov 6, 13 & 20

Limited to 5 places per session, booking essential.

SEP 11, 18, 25, OCT 2, 9, 16, NOV 6, 13, 20, 27, DEC 4, 11

Spotlight Sounds
by Spotlight
5.30-8PM 11-19s

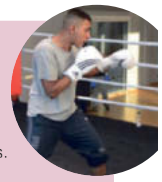


Record your music or create a track with industry professionals. Sessions take place in Spotlight's recording studios. Booking and audition essential. For further information on bookings and auditions please contact: **rio@wearespotlight.com**

SEP 11, 18, 25, OCT 2, 9, 16, NOV 6, 13, 20, 27, DEC 4, 11

FRIDAYS

Boxing
by Milestone
4-5.30PM 12-19s



For boys and girls. Boxing is a great way to reduce stress, gain strength & core stability while meeting new people!

SEP 12, 19, 26, OCT 3, 10, 17, 24, NOV 7, 14, 21, 28, DEC 5

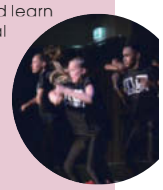
Girls Club
by Milestone
5-7PM GIRLS 11-19s

Girls Club, designed and led by you. Supported by our fantastic female team.

SEP 12, 19, 26, OCT 3, 10, 17, 24, NOV 7, 14, 21, 28, DEC 5

Hip Hop (Dance)
by IMD
5-6.30PM 11-19s

Former finalists of 'So you think you can dance' bring hip hop dance classes to Spotlight. Don't be shy join in every Friday and learn from IMD's professional team.



SEP 12, 19, 26, OCT 3, 10, 17, 24, NOV 7, 14, 21, 28, DEC 5

Sofa Sessions
by Podium.me
5-7PM 11-19s

From fashion to YouTube trends, you are the ones that call the shots on the subjects we discuss. Your voices make the Podium.me podcast, which will be available online. Please come and join us on the sofa to have your say and record your opinions.

SEP 18, 25, OCT 2, 9, 16, NOV 6, 13, 20, 27, DEC 4, 11

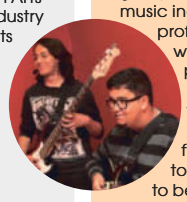
Yoga
by Tower Hamlets Sports Development
5-6.30PM GIRLS 11-19s

Girls only yoga! Suitable for absolute beginners this class is a great way to learn stretching, breathing and meditation techniques.

SEP 11, 18, 25, OCT 2, 9, 16, NOV 6, 13, 20, 27, DEC 4, 11

EVENTS

Open Mic
hosted by ELAM
MONDAYS 20 OCT & 24 NOV 7-9PM



ELAM (East London Arts & Music), the Industry Academy, hosts two special Open Mic events in the awesome performance space in Spotlight.

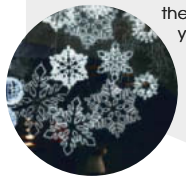
Over 16s Night
FRIDAY 7 NOV 7-10PM

Get creative and hang out with friends. Watch up and coming DJs, bands, and MCs playing live. A party with a point. Strictly 16-19s.

Strictly Sisters (girls only events)
WEDNESDAYS 29 OCT & 26 NOV 5-8PM

Who runs the world? Girls do! Spotlight is calling girls only for a night of fun and films. Hang out with friends and take part in workshops designed and led by Spotlight's female team. No boys allowed!

Winter Festival
WEDNESDAY 17 DEC 5-9PM



Come along to our end of term finale celebrating all the great things young people have been doing at Spotlight this Autumn.

World Cancer Research Fund

Healthy way to prevent cancer

World Cancer Research Fund is dedicated to the prevention of cancer through the promotion of healthy diet and nutrition, physical activity and weight management.

WWW.WCRF-UK.ORG

Yummy scrummy

Restaurant reviews are a popular feature of East End Life. If you would like to advertise on this page,

CALL OUR ADS TEAM ON 7364 4940

Eating out, eating in

It's early days for new broom at the old Vic

BY GORDON BLUE

THE Victoria has recently changed hands and the familiar dark and twinkly interiors have been replaced with a bright and breezy colour palette, piquing my curiosity... unfortunately we all know what happened to the cat.

It's rather nice and homely inside and the Silver Fox loved the soundtrack of early T Rex, but there are strewn broadsheets and uncleared tables after the Sunday lunch rush. There's a good-sized outside space and charming booths in the garden, with even an old style caravan ready to serve cocktails.

The food menu is a funny mixture of 'fun' and over-familiar, yet gastro pub expensive. I'm left unclear as to what they're aiming for until the food arrives. I'm not one for being cajoled into enforced fun as you can probably tell and I'm sure they may feel horrified to think they might have a borderline 'theme pub' feel.

The Victoria is gastro pub expensive

'British' tapas of cod scotch egg (£5.75!) and Glamorgan sausages were small, bland and under-seasoned. I'm afraid it wasn't clear what the ingredients were either. At these prices, my expectations are unfortunately high. Luckily the sweet potato fritters were flavoursome but this time over-seasoned.

This selection of £15 worth of tapas was served on a wooden board with very little flair and no colour apart from the fried palette of browns and yellow, save a smear of beetroot and blackcurrant chutney which was inedible.

The taste of artificial blackcurrant was reminiscent of a Slush Puppy and I'm still having flashbacks.

Mains of fish and chips alongside a veggie burger were fine but not £12.50 and £11.50 fine. The fish was cooked and steamed nicely in its ultimately flabby batter, my veggie burger was plainer than an arrowroot biscuit.

Thank goodness for the chips which were great and spiked with smoked paprika which was a welcome touch and show of care. At this point I'm afraid I wasn't going to risk pudding.

The wine menu is solid and we enjoyed a good Colombard and Chablis. Service was friendly but erred on the slow side.

This is early days so fingers crossed with a little wizardry in the kitchen and a fairer eye on pricing, this could be a rather lovely little local.

Knock a few quid off each course and our perception would re-evaluate the offerings as pub grub and avoid discontent.

Two ate hoping for much more, for just over £50.

The Victoria is at 110 Grove Road, E3. Tel: 7387 7377.

Wrap it up for not naughty but nice

AS the first charity to create awareness of the link between diet and cancer risk, World Cancer Research Fund produces all kinds of healthy recipes – including offerings for the Great Grub Club, a free club for 4- to 7-year-olds in Tower Hamlets and Hackney.

On joining, kids receive the Passport to Good Health membership pack and a free quarterly magazine to help them develop healthy habits. For more information visit **www.greatgrubclub.com** or to sign up call 7343 4200 or email **foodsmart@wcrf.org**.

Tortilla pizza – serves 4

Ingredients

FOR THE BASE:
- 2 tbsps olive oil
- 2 crushed garlic cloves
- 1 x 400g can plum tomatoes
- 1 tsp oregano or mixed Italian herbs
- 2 tsp tomato purée
- 4 wholemeal soft tortilla wraps
- 1 x 125g ball reduced-fat mozzarella, drained

FOR THE TOPPING:
- 80g mushrooms, sliced
- Half a tsp smoked paprika
- 1 small red onion, sliced
- 80g frozen pepper, thawed, or half a fresh pepper, sliced

Method

1. Place two baking trays in the oven. Preheat to 200°C.

2. Add the oil and garlic to a cold saucepan and place over a low-medium heat to warm up for one to two minutes. Add the tomatoes, herbs and purée and mix thoroughly, breaking up the tomatoes.

3. Bring the mixture to the boil. Reduce the temperature and simmer for five minutes.

4. Spoon about three tablespoons of the sauce on to each tortilla wrap, evenly coat them, leaving a 2cm edge for the crust.

5. Tear the mozzarella into small pieces and scatter a quarter over each pizza.

6. Sprinkle the paprika over the sliced mushrooms. Add the peppers and onion.

7. Carefully remove the baking trays from the oven and place the pizzas on top. Then transfer back to the oven. Cook for five to ten minutes until the cheese is melted and the crusts are golden.

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Big plans for derelict land

A tree surgeon trimmed back some troublesome tree growth, letting in lots more light, and Veolia and the Find it Fix it Love it team cleared the plot of dumped rubbish.

EMAIL CGV@TOWERHAMLETS.GOV.UK

Volunteers wanted

Cleaner, Greener volunteers tackle environmental projects around the borough. To get involved call...

7364 6696

Property

Transforming Selby St

Work on the transformation of the latest patch of unloved land has started in Selby Street, with a new volunteer who has taken on the land as part of the adopt a garden scheme. The patch has been adopted by **Aoife Kirwan** and here she describes why she has taken on the challenge and what her plans are.

MY partner Ian and I have lived in Whitechapel for the past few years and we enjoy being part of an ever changing city.

The area has amazing history and is close to work and all the cultural attractions that London has to offer. But I am also an enthusiastic gardener. I love growing things and grew up surrounded by lots of land and space.

Our small balcony (the width of one flower pot) is now crammed with plants and flowers. We have often dreamed of cultivating a garden or an allotment and having a suitable space to keep a beehive.

We used to regularly walk by an overgrown plot of waste ground at the end of Selby Street, just a few minutes walk from our flat. Although it looked lush and green, we thought it was a shame that it was so overgrown and that it could be a nice place to create a garden.

Then, this spring, we met Sam Dundas-Dunbar, the council's Cleaner, Greener volunteer co-ordinator, at Columbia Road flower market who told us about the 'adopt a garden' scheme. We mentioned the Selby Street plot to her, she did some investigating and found out it belonged to Thomas Buxton Primary School.

Aoife Kirwan at the overgrown and rubbish-strewn site

We were thrilled when Sam contacted us to say that it might be possible to adopt the plot and turn it into a garden. She arranged a meeting with the head teacher, Lorraine Flanagan, and I developed my ideas into some preliminary plans.

Lorraine very kindly agreed to the proposal and has also arranged for a tree surgeon to make safe and trim back some troublesome tree growth, in the process letting in lots more light for growing. Once the trees were sorted, Sam arranged for Veolia and the Find it Fix it Love it team to clear the plot of the dumped rubbish.

We think this is a lovely space and we are anxious to make the most of its potential. Now it can be seen properly and all the work has been done with the trees and clearance, the responsibility is daunting!

We plan to garden organically, planting lots of bee- and insect-friendly flowers and shrubs. We will build raised beds for vegetables and fruit bushes and explore the potential to turn the bare, white railway wall into a living wall.

As the plot has no water supply, a big challenge will be to figure out the best way of capturing and storing water.

There's a lot of hard work involved, but we have great support from the Tower Hamlets team and are looking forward to turning this into a beautiful, productive piece of land and improving the appearance of our area in the process.

■ The adopt-a-garden scheme is a great opportunity for people to come together, have fun and take responsibility for a green space.

If you know of a small, public space that you would like to see transformed, contact the Cleaner, Greener volunteering team on 7364 6696 or email **cgv@towerhamlets.gov.uk**

Jason Ingram amid a bed of Japanese anemones

'Must have' autumn colour

Gardening tips from the Horticultural Trades Association

SEPTEMBER is a time when some border plants come into their own, just as the rest of your summer flower plants are past their prime.

A classic late flowerer is the pretty Japanese anemone, also known as the windflower, which can be grown in sun or shade and is good for lighting up a dark corner of the garden.

They like well-drained soil and often spread by themselves, creating new clumps that can be lifted and planted elsewhere.

There are lots of varieties to choose from, from white through to almost red, and the plant flowers reliably every year from August through to October.

Anemones are hardy and easy to grow so are good for beginners, as well as being versatile around the garden in sun or shady places. A multitude of flowers are produced throughout the summer and are ideal subjects for cut flowers, borders and rockery displays.

They are a firm favourite of award-winning Gardeners' World photographer Jason Ingram: "Japanese anemones are extremely photogenic flowers which brighten up the garden in late summer or autumn, producing simple saucers in white and various shades of pink.

"They are a 'must have' border plant for the autumn and put on a fantastic display in the period where most gardens are starting to look tired and over."

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tower hamlets homeseekers

12/09/14 - 18/09/14
Closing date for Internet and Telephone bids: 18/09/14

Find out about local schools, council services, transport links, and businesses at: **www.upmystreet.com**

You can bid for these homes only if you have an active application on the Tower Hamlets Housing List. Please do not visit any of them as it may cause a nuisance to neighbours.

We can only contact people we make offers to. Offers are made in priority order based on the lettings policy. A copy of the policy is available from us on 020 7364 2826 or on the website.

টাওয়ার হ্যামলেটস হাউসিং তালিকায় আপনার একটি সক্রিয় আবেদন থাকলেই কেবল এসব বাসাগুলোর জন্যে আপনি নিলাম ডাকার অংশ নিতে পারবেন। অনুগ্রহ করে এই বাসাগুলোর কোনটিই দেখতে যাবেন না কারণ এরফলে প্রতিবেশীরা বিরক্ত হতে পারেন।

যাদেরকে আমরা বাসা দেয়ার প্রস্তাব করি কেবল সেসব লোকেদেরকেই আমরা যোগাযোগ করে থাকি। ভাড়ার নীতিমালার (লেটিং পলিসি) উপর ভিত্তি করে অগ্রাধিকারের ভিত্তিতে বাসা দেয়ার প্রস্তাব করা হয়। 020 7364 2826 নম্বরে অথবা ওয়েবসাইটে এই নীতিমালার কপি পাওয়া যাবে।

Waxaad dooran kartaa guryahan kaliya haddii aad leedahay codsi wali shaqayna oo ku jira liistada guryaha ee Tower Hamlets. Fadlan adigoo raali ah midna ha soo booqan guryahan, waxa laga yaabaa inay buuq ku keenaan jaararka.

Waxaan kaliya oo aan la xidhiidhnaa dadka aanu guryo ugu deeqayno. Guryo bixintu waxa lagu gaadhaa habka mudnaanta loo kala leeyahay ee ku salaysan nidaamka guryo kiraynta. Nuqul ka mid ah nidaamkan waxaad nagaga heli kartaa adigoo la soo xidhiidha telefanka 020 7364 2826 ama cinwaanka internetka

若你仍然登記在塔橋區政府現時生效的房屋名單上，你才可以競投這些房屋。請切勿到任何這些房屋造訪，因爲這可能對鄰居造成滋擾。

我們只能聯絡那些我們可以提供房屋的人士。我們根據租屋政策按優先次序提供房屋。欲索取這份政策，請致電我們，號碼 020 7364 2826，或瀏覽網站。

Nếu đơn thỉnh cầu của bạn trong danh sách xin cấp nhà của Tower Hamlets mà có kết quả, bạn có thể lựa chọn những căn nhà này. Xin đừng tới tham quan bất cứ căn nhà nào vì có thể gây nên những phiền toái cho hàng xóm.

Chúng tôi chỉ có thể liên lạc với những người chúng tôi cấp nhà. Quyết định cấp nhà theo thứ tự ưu tiên dựa trên chính sách cho thuê nhà. Nếu bạn cần bản sao chính sách này, bạn có thể gọi số 020 7364 2826 hoặc vào trang web.

آپ اِن گھروں کے لئے صرف اُسی صورت میں بولی دے سکتے ہیں اگر ''ٹاور ہیملٹس ہاؤسنگ لسٹ'' میں آپ کی درخواست واجب اور زیرِ غور ہے۔ براہِ کرم اِن میں سے کسی گھر کو دیکھنے کے لئے مت جایئے، کیونکہ یہ ہمسائیوں کے لئے پریشانی کا باعث ہو سکتا ہے۔

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website: www.towerhamlets.gov.uk

Support Charges apply to **all Sheltered homes for the Over 60's**. This will be covered by Supporting People Subsidy **if you are entitled to Housing Benefit or other benefits**. Subsidy is also available for individuals not in receipt of benefit in some cases. If you need information about financial help, please contact the Lettings Team on 020 7364 0204/0206 or ask for a copy of our leaflet **'Support Charges in long term Supporting People Services'**. This is also available on our website www.towerhamlets.gov.uk.

Further information on homes advertised is available at One Stop Shops & Neighbourhood Housing Offices

Key for Accessible Housing Register

Some people require a home that is accessible. These homes are coded as follows:

Category	*Description*
A Wheelchair Accessible	*Purpose built to meet most recent wheelchair housing standards*
B Partially Wheelchair Accessible	*Designed to older wheelchair housing standards*
C Life time Homes	*Specifically designed to create an accessible and adaptable home*
D Easy Access	*Designed to be spacious with no steps to the property*
E Step-free	*General housing with no steps to the property*
F General Housing	*Does not meet requirements for other categories*
G Not assessed	*Property not yet had access survey*

Vulnerable applicants who need help and information regarding their housing application and with finding suitable accessible and/or adapted homes, contact the Lettings Client Support Team on **020 7364 0204 / 0206 / 0209**.

1. Internet Bidding
Just log on to www.thhs.org.uk

2. Telephone Bidding
Simply call 0845 270 2400

Permit Transfer Scheme: for residents moving to 3 bedroom or larger social rented car free homes

The Mayor of Tower Hamlets introduced the new Permit Transfer Scheme (PTS) to operate from 5 September 2011 to help to reduce the levels of overcrowding in social rented housing in the borough. The PTS helps some families move to larger social rented car free homes by allowing them to retain one on-street resident car parking permit, subject to the PTS criteria as outlined below being met. The PTS is a change in the operation of the Council's existing on-street Residents' Parking Permit Scheme.

CAR FREE HOMES No on-street residents' parking permits issued

The Council's 'car free homes' planning policy was introduced in Tower Hamlets in the late 1990s to help reduce traffic congestion and better manage the limited supply of on-street parking spaces. This initiative also helps to reduce the level of air pollution from motor vehicles and encourages more people to walk, cycle and go by public transport.

The Transport for London (TfL) Cycle Hire scheme (www.tfl.gov.uk/cycling) and local pay-as-you-go car clubs (www.carplus.org.uk) are also now available in Tower Hamlets to help you get around in healthier, greener ways.

If you live in a car free home, you will not be able to apply for on-street residents' car parking permits, unless you hold a disabled driver's blue badge or are eligible under the Permit Transfer Scheme (PTS), which is targeted at social rented housing residents. The criteria for the PTS is as follows:

1. applies to residents moving to **3** bedroom or larger social rented car free homes;
2. only one on-street resident parking permit per household is permitted;
3. you must have held your on-street car parking permit for at least 1 year prior to moving home;
4. your on-street parking permit must be renewed and **not lapse to remain eligible** under the scheme;
5. the tenant is responsible for providing proof of PTS eligibility to Parking Services (including a duly signed and dated Tower Hamlets Homes or housing association approved tenancy agreement); and
6. the PTS was introduced on (and operates from) 5 September 2011 by Tower Hamlets Council and **is not retrospective**.

Residents in car free homes can apply for a temporary parking permit for visiting trades people for £5 a day. To qualify, written proof of the work to be carried out must be provided, along with the vehicle's details. Each home can apply for a maximum of 20 one-day-permits within a 6 month period.

Alternatively, scratchcards are available for trades people and visitors, providing parking for up to five hours on weekdays and all day on weekends. Households can apply for up to 3 books of 10 scratchcards per year. For permit charges and information, visit www.towerhamlets.gov.uk/parking

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk

SHELTERED
Accessible Category B
SHAFTESBURY LODGE, UPPER NORTH STREET, E14
Flat • 1 Bed 2 Person • 1st floor • Open plan kitchen • One lift • Entryphone • Shower Room with W/C • GCH • No garden • Pets not permitted . Shower only - no bath

Eligibility : Min Client Age 60

£174.59, Weekly - Social Rent
Landlord: Shaftesbury H.A.

Property Ref: 30640

OVER 50's
Accessible Category F
JANET STREET, E14

Flat • 0 Bed 1 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Pets not permitted

Eligibility : Min Client Age 50

£146.16, Weekly - Social Rent
Landlord: One Housing Group

Property Ref: 30605

OVER 50's
Accessible Category F
JANET STREET, E14

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Pets not permitted

Eligibility : Min Client Age 50

£148.68, Weekly - Social Rent
Landlord: One Housing Group

Property Ref: 30617

OVER 50's
Accessible Category D
BENTWORTH COURT, GRANBY STREET, E2
Flat • 1 Bed 2 Person • 6th floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted . Heating & hot water included in charges

Eligibility : Min Client Age 50

£123.29, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 30614

OVER 50's
Accessible Category D
BENTWORTH COURT, GRANBY STREET, E2
Flat • 1 Bed 2 Person • 4th floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted . Heating & hot water included in charges

Eligibility : Min Client Age 50

£123.29, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 30631

BEDSIT SELF-CONTAINED FLAT
Accessible Category F
MCKINNONWOOD HOUSE, TURIN STREET, E2
Flat • 0 Bed 1 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£97.48, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 30612

1 BEDROOM
Accessible Category F
LONGNOR ROAD, E1

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£112.49, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 30632

1 BEDROOM
Accessible Category F
MORECAMBE CLOSE, E1

Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£118.16, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 30619

1 BEDROOM
Accessible Category E
GALVESTON HOUSE, HARFORD STREET, E1
Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£114.33, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 30629

1 BEDROOM
Accessible Category G
PHOENIX COURT, MAST HOUSE TERRACE, E14
Flat • 1 Bed 2 Person • 5th floor • Separate kitchen • One lift • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted

£142.62, Weekly - Social Rent
Landlord: East Thames Group

Property Ref: 30645

1 BEDROOM
Accessible Category F
SPEARMAN HOUSE, UPPER NORTH STREET, E14
Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets with landlords permission . One week's advance rent required at sign up of tenancy

£122.03, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 30641

1 BEDROOM
Accessible Category F
MING STREET, E14

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted . Heating & hot water included in charges

£126.43, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 30608

1 BEDROOM
Accessible Category F
TUSCAN HOUSE, KNOTTISFORD STREET, E2
Flat • 1 Bed 2 Person • 9th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£111.47, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 30618

1 BEDROOM
Accessible Category F
RAPLEY HOUSE, TURIN STREET, E2

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£120.88, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 30627

1 BEDROOM
Accessible Category F
GRINDLEY HOUSE, LEOPOLD STREET, E3
Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Pets with landlords permission . One week's advance rent required at sign up of tenancy

£127.51, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 30635

2 BEDROOMS
Accessible Category F
MOORE HOUSE, CABLE STREET, E1

Flat • 2 Bed 4 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£115.93, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 30606

2 BEDROOMS
Accessible Category F
ARBOUR HOUSE, ARBOUR SQUARE, E1
Flat • 2 Bed 4 Person • 4th floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£119.26, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 30610

2 BEDROOMS
Accessible Category F
JEAN PARDIES HOUSE, JUBILEE STREET, E1
Maisonette • 2 Bed 4 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£121.79, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 30609

2 BEDROOMS
Accessible Category F
COLLINGWOOD HOUSE, DARLING ROW, E1
Flat • 2 Bed 3 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£139.00, Weekly - Social Rent
Landlord: Tower Hamlets Council

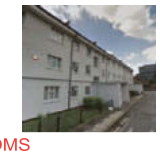
Property Ref: 30642

2 BEDROOMS
Accessible Category F
CHIPKA STREET, E14

Maisonette • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • Private garden • Pets not permitted

£157.40, Weekly - Social Rent
Landlord: One Housing Group

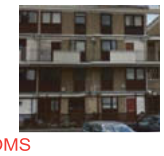
Property Ref: 30638



2 BEDROOMS
Accessible Category F
RUGLESS HOUSE, EAST FERRY ROAD, E14
Flat • 2 Bed 4 Person • 1st floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Pets not permitted

£160.15, Weekly - Social Rent
Landlord: One Housing Group

Property Ref: 30622



2 BEDROOMS
Accessible Category F
JOHN MCDONALD HOUSE, GLENGALL GROVE, E14
Maisonette • 2 Bed 4 Person • 1st floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Pets not permitted

£158.62, Weekly - Social Rent
Landlord: One Housing Group

Property Ref: 30624

2 BEDROOMS
Accessible Category F
BRASSEY HOUSE, CAHIR STREET, E14
Flat • 2 Bed 3 Person • 3rd floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Pets with landlords permission

£132.14, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 30603

2 BEDROOMS
Accessible Category G
PIONEER CLOSE, E14

Flat • 2 Bed 4 Person • Ground Floor • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Residents parking scheme • Pets not permitted

£128.98, Weekly - Social Rent
Landlord: East Thames Group

Property Ref: 30646

2 BEDROOMS
Accessible Category F
AMBROSE HOUSE, SELSEY STREET, E14
Maisonette • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C and Additional W/C • GCH • Private Patio • Permit parking • Pets with landlords permission . One week's advance rent required at sign up of tenancy

£142.34, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 30634

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk

2 BEDROOMS
Accessible Category F
MALTING HOUSE, OAK LANE, E14

Flat • 2 Bed 4 Person • 8th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • Check heating on viewing • No garden • Pets permitted

£144.65, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 30628

2 BEDROOMS
Accessible Category D
BLACKWALL WAY, E14

Flat • 2 Bed 4 Person • 5th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy.

£171.81, Weekly - Social Rent
Landlord: Swan Housing Association

Property Ref: 30604

2 BEDROOMS
Accessible Category F
ST GILLES HOUSE, MACE STREET, E2

Flat • 2 Bed 4 Person • 8th floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£123.06, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 30615

2 BEDROOMS
Accessible Category F
ST GILLES HOUSE, MACE STREET, E2

Flat • 2 Bed 4 Person • 1st floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£122.99, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 30621

2 BEDROOMS
Accessible Category F
FIRTH HOUSE, TURIN STREET, E2

Flat • 2 Bed 3 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£125.53, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 30607

2 BEDROOMS
Accessible Category F
FIRTH HOUSE, TURIN STREET, E2

Flat • 2 Bed 3 Person • 3rd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£124.05, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 30625

2 BEDROOMS
Accessible Category F
COOKHAM HOUSE, MONTCLARE STREET, E2

Maisonette • 2 Bed 3 Person • 4th floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£124.20, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 30643

2 BEDROOMS
Accessible Category E
JAMES HAMMETT HOUSE, RAVENSCROFT STREET, E2

Flat • 2 Bed 4 Person • 10th floor • Separate kitchen • Two lifts • Bathroom with W/C • GCH • No garden • Pets permitted

£121.24, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 30630

2 BEDROOMS
Accessible Category E
GEORGE LOVELESS HOUSE, DISS STREET, E2

Flat • 2 Bed 4 Person • 5th floor • Separate kitchen • Two lifts • Bathroom with W/C • GCH • No garden • Pets permitted

£124.99, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 30633

2 BEDROOMS
Accessible Category E
GEORGE LOVELESS HOUSE, DISS STREET, E2

Flat • 2 Bed 4 Person • 7th floor • Separate kitchen • Two lifts • Bathroom with W/C • GCH • No garden • Pets permitted

Eligibility : Homeless Permanent

£125.77, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 30620

2 BEDROOMS
Accessible Category F
FAIRFOOT ROAD, E3

Maisonette • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • Private garden • Permit parking • Pets with landlords permission . One week's advance rent required at sign up of tenancy

£138.97, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 30623

2 BEDROOMS
Accessible Category F
ENNERDALE HOUSE, HAMLETS WAY, E3

Flat • 2 Bed 3 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets with landlords permission

Eligibility : Band 3

£137.18, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 30636

3 BEDROOMS
Accessible Category E
HANBURY STREET, E1

Maisonette • 3 Bed 4 Person • 2nd floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£140.95, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 30613

3 BEDROOMS
Accessible Category F
DORIC HOUSE, MACE STREET, E2

Maisonette • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Pets permitted

£135.95, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 30626

3 BEDROOMS
Accessible Category F
TOMLINSON CLOSE, BRICK LANE, E2

Maisonette • 3 Bed 5 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

Eligibility : Transfer List

£148.89, Weekly - Social Rent
Landlord: Tower Hamlets Council

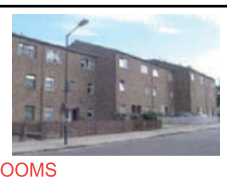
Property Ref: 30639

3 BEDROOMS
Accessible Category F
CAMPBELL ROAD, E3

Maisonette • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Pets permitted . Heating & hot water included in charges

£165.04, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 30616



4 BEDROOMS
Accessible Category E
SWANFIELD STREET, E2

House • 4 Bed 6 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Off street parking • Pets permitted

£172.01, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 30611

6 BEDROOMS
Accessible Category G
GAVERICK MEWS, E14

House • 6 Bed 9 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C and Additional W/C • Electric storage heater • Private garden • Car free home • Pets permitted

£0.00, Rent to be advised
Landlord: East Thames Group

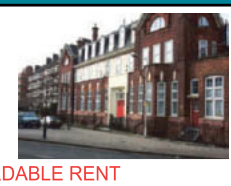
Property Ref: 30644

REMINDER

Please respect people's privacy by not attempting to access advertised properties or knocking at neighbouring homes. This causes a nuisance and may distress some individuals.

AFFORDABLE RENT PROPERTIES

Changes to Government policy mean that Housing Associations have been forced to charge higher rents on some properties. In addition not all tenancies will be tenancies for life. **Please note the rent level and length of tenancy offered on the following homes. You are advised to check the Homeseekers website at www.thhs.org.uk for further information.**



AFFORDABLE RENT
Accessible Category G
WEST INDIA DOCK ROAD, E14

Flat • 1 Bed 2 Person • Ground Floor • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£191.47, Weekly - Affordable Rent
Landlord: One Housing Group

Property Ref: 30637

FAIRDEAL
PROPERTY SERVICES

Calling all buyers!

We currently have some very desirable modern apartments available in the following developments:

One Commercial Street – E1
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The Tower Apartment - E1
Pan Peninsula (East Tower & West Tower) - E14
Canary Quarter - E14
Horizons – E14
New Providence Wharf - E14
Caspian Wharf Pacific Court - E3
No1. The Plaza - E3
No1. The Avenue - E3
Schrier & Cutmore (Barking Central IG11)
Ranging from: Studios to 1, 2 and 3 bedroom apartments

And many more....!

Please contact us with your requirements and interests.

We also cover North/West London area codes with similar developments!

Please call our dedicated sales team on
020 7791 1678
020 7780 1666
with your enquires.

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*Terms and conditions apply

Look Ahead
CARE AND SUPPORT

POSITIVE ABOUT DISABLED PEOPLE · INVESTORS IN PEOPLE

Job Title: Support Worker x 3 Full Time (40hrs) and 1 Part-time (20hrs) Fixed-Term
Location: Tower Hamlets Independent Living Community Support Service
Salary: 19,000 per annum (Pro-rata)
Closing Date: 26/09/2014
Reference: ILCS

Independent Living Community Support Service (ILCS) provides specialist mental health floating support to customers with severe and enduring mental health conditions. The support is provided in customer's own home and in the community across Tower Hamlets. The service offers flexible support hours and operates 7 days a week, between the hours of 8am-8pm. The role of Support Worker is to support customers in a way that maximises their self-sufficiency and enables them to live independently in their own homes. The service works very closely with secondary mental health services in order to address a range of support needs, including, mental health, daily living skills, tenancy sustainment, welfare and benefits and dual diagnosis.

Please refer to the Job Description for full details.

If you wish to apply for this vacancy, please visit our website www.lookahead.org.uk and complete the application form online. You will also find the person specification and Job Description.

Please contact Marufuz Zaman or Kolil Miah for additional information regarding this post on 020 7422 0821 or 020 7422 0832.

Applications from all minority groups are positively welcomed.

Look Ahead is a charitable industrial and provident society registered number 21004R

Mulberry
School for Girls

Confidence, Creativity, Leadership and Learning for Young Women

Richard Street, Commercial Road, London E1 2JP
T: 0207 790 6327 F: 020 7265 9882
headspa@mulberry.towerhamlets.sch.uk

Lead KS3 Prep Facilitator
Required for September 2014

The governors of this outstanding and over-subscribed 11 – 18 girls' school wish to appoint an enthusiastic, highly motivated and organised support assistant to join the KS3 intervention team.

KS3 prep periods are used to instil the discipline of independent study in Mulberry students at an early stage in their educational journey. Lead Prep Facilitators will be responsible for providing academic guidance and assistance for KS3 students attending prep sessions.

The role will also involve coordinating the KS3 Prep Facilitator team in organising sessions, liaising with departments and managing KS3 students.

From September 2014, KS3 Prep will take place after school four days a week for students in Years 8 and 9.

This is an exciting opportunity to support students in their learning and achievement. The post will be paid at £11.33 per hour and successful applicants will work for 4 hours per week.

Further details and an application form are available from the Headteacher's Executive Assistant at the school.

Closing date: Monday 22nd September

www.mulberry.towerhamlets.sch.uk

Ofsted Outstanding School 2010 | 2013

George Green's School
Manchester Road, Isle of Dogs, London E14 3DW
Tel: 020 7987 6032 Fax: 020 7538 2316
Principal: Ms Jill Baker

FIDELITER

'WE ARE A GOOD SCHOOL'

Higher Level Central Support Officer - Finance Administrator

25 hours per week (5 hours per weekday), Term-Time + 3 weeks
Salary range NJC Scale 4 (18-21) £20,664 - £22,647 (pro-rata)

We are looking for an individual with an aptitude for numerical work and experience of financial management good practice to join our Finance Team providing high quality support for the whole school.

Applicants for this post should demonstrate high levels of accuracy and proven abilities in finance data entry using accounting software. The successful candidate will be confident using Microsoft Excel, Word and database packages and will be an excellent communicator.

The ideal person will be reliable, trustworthy, flexible, well organised, and good with time management, have an eye for detail and be willing to learn and develop through work related training. We welcome applications from motivated candidates who can work on their own initiative and who have a professional and positive approach to work.

The successful candidate should be qualified to at least level 2 (5 A*-C GCSE or equivalent).

George Green's School is:
- a school committed to inclusion
- a multi-lingual, multi-faith & multi-cultural community
- a Full Service Extended School
- an IB World School

Please download application packs from our school website: www.georgegreens.com

Visits prior to putting in your application are encouraged & welcomed. Please email Mrs Alex Tilley (Deputy Director of Support Services) **atilley@georgegreens.com**

Closing date: Friday, 26th September 2014 @ 9am
Interviews: Wednesday, 1st October 2014

George Green's School is committed to safeguarding and promoting the welfare of children and young people. We expect all staff, external agencies and volunteers to share this commitment. Any appointment is subject to an enhanced DBS Check.

To place your advert in East End Life, call...

Terri on 7364 4682
Chris on 7364 4994
Fatima on 7364 4623
Sharan on 7364 4061

St Paul's Way Trust School

Ofsted Outstanding School

Lunch Time Assistant x2
Required for September 2014 | Term Time only (39 weeks per year), 2 HPW, Scale 1C

St Paul's Way Trust has changed to become an All – Through School, 4-19 to include an Infant and Primary phase. We are looking to appoint two enthusiastic individuals to join our Lunchtime Supervisory Team, to help supervise and take responsibility for health, safety and security of our students during the lunch break time.

A good understanding of caring for children and ability to work effectively as part of a team for the benefit of the students is essential.

In March 2013, Ofsted described our school as 'Outstanding' in every category. If you would like to play your part in creating this outstanding provision for our students, we would very much like to hear from you. Our school has specialist provision for students who are deaf or hearing impaired.

Office Administrator (Fixed-Term)
Required for September 2014 | Term Time + 2 (41 weeks per year), 35 HPW, Scale 4

St Paul's Way Trust School is seeking to appoint an outstanding Office Administrator, working in a calm, professional and approachable manner to facilitate the smooth running of the general office.

The main purpose of this role is to provide an efficient and flexible high quality service in support of the General Office team. To maintain and develop filling systems and databases whilst operating a variety of administrative processes and procedures, developing them as necessary.

The post holder will be expected to deal with internal and external queries in an efficient and effective manner, to support the specified school managers in the role of PA and to support the school in the organisation of events and meetings.

This opportunity has arisen due to the secondment of an internal staff member. The post is therefore, initially to be offered on a fixed-term basis until April 2015. A review of the needs of the School will determine further continuation of the post.

To arrange a visit to the school, please email **recruitment@spwt.net**

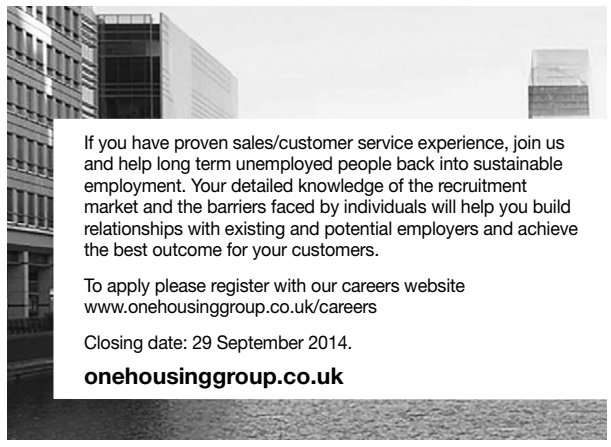
Deadline for applications: 12 noon, Friday 26th September 2014.

St. Paul's Way Trust School is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. All successful candidates will be required to undergo an enhanced CRB Check.

Further details on the post and to download an application pack please visit **www.spwt.net**

Please note:
We do not accept CVs.

Employer Engagement Adviser
c. £25,000 > Camden, London



If you have proven sales/customer service experience, join us and help long term unemployed people back into sustainable employment. Your detailed knowledge of the recruitment market and the barriers faced by individuals will help you build relationships with existing and potential employers and achieve the best outcome for your customers.

To apply please register with our careers website www.onehousinggroup.co.uk/careers

Closing date: 29 September 2014.

onehousinggroup.co.uk

one housing group

FEMALE* SUPPORT WORKER REQUIRED

8 hours a week

£8.80 an hour (days/ times to be agreed)

To support a young disabled woman to access leisure activities and workplace support in Tower Hamlets.

You can download the application pack from
www.real.org.uk/AW115
or write (ref. AW115), Real, 1st Floor Jack Dash House, 2 Lawn House Close, London E14 9YQ

Closing date: 5pm Monday 22 September 2014
Interviews: To be arranged

*Post Exempt under the Sex Discrimination Act 1975, Section 7 (2) (B)

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Boost your employment chances with a training course

Aged 16-24 and looking to get started in a career? Then study free of charge* for the Traineeship Programme with Smart Training.

- Study for a Certificate in Work Skills
- Complete a high quality work placement
- Get tuition in English and Maths
- Improve your CV writing and interview skills.

Training is weekly in East London and you can keep any benefits you're entitled to.

*Depending on your existing qualifications. You must have lived in the UK or European Union for the last three years to be eligible.

Traineeships

Interested? Apply now – text SMART to 80800, email start@smart-training.com, phone 0845 177 0695 or see www.smart-training.com/jobsandadvice

Thomas Buxton Primary School

Headteacher: Mrs Lorraine Flanagan
Roll: 450 - children aged 3-11 years

Thomas Buxton Primary School is located in the heart of Whitechapel's vibrant, multicultural community and we take full advantage of the facilities and experiences locally and in central London to enrich children's learning. We are close to the green spaces in Allen Gardens and Weavers Fields, and right next door to Spitalfields City Farm. The school is also within walking distance of cultural centres, the Whitechapel Art Gallery, Bethnal Green Museum of Childhood and the Rich Mix Cinema and arts complex - and we are regular visitors to all.

Are you ready for a new professional challenge?

We are looking to appoint someone who is dedicated to the care and pastoral support of children and families to the following post for October 2014.

Pastoral Support Coordinator

£22,562.34 - £23,883.51 (Scale 6, SCP 26-28) Term Time Only.
This is a full-time post.

We are looking for someone who can:

- Listen and respond appropriately to children and families
- Demonstrate efficiency and organisational skills
- Inspire and motivate staff, parents and children
- Provide a safety net of support for vulnerable children and families
- Show commitment to ensuring equality of opportunity for all learners

We offer you:

- A happy, supportive and friendly environment where we work as a team
- Children who are eager to learn, committed staff, governors, parents and carers
- A committed and dedicated leadership team who will provide challenge and support equally.
- Opportunities to develop as a professional through our commitment to CPD

Please request an application pack from Donna Leach and return completed applications to dleach@thomasbuxton.towerhamlets.sch.uk

Closing date for applications: 29/09/14 4.00pm
Interviews will be held: 01/10/14

The school is committed to safeguarding and promoting the welfare of children and expects all staff and volunteers to share this commitment. The successful candidate will require an enhanced DBS clearance.

Buxton Street, Whitechapel, London, E1 5AR | Tel 020 7247 3816
www.thomasbuxton.towerhamlets.sch.uk

TOWER HAMLETS PRU

Personal Development Advisor

NJC Scale 6 (£25,770-£27,279, pro-rata TTO) Please note this post is term-time only

We are seeking to appoint a talented, committed and highly-motivated individual to the post above. The successful applicant will be able to demonstrate a strong commitment to the aims, values and ethos of the PRU and a proven track record of delivering excellent service outcomes in a relevant area.

They will be joining a team of committed teachers and support staff, working together to:

- Dramatically improve the life chances of students, whose previous experience of schooling has, for whatever reasons, not been a wholly positive experience.
- Accelerate the upward trajectory of rapid improvement and complete our onward journey from 'good' (January 2014) to 'outstanding'.

Application pack and form available to download from the PRU website: **www.towerhamletspru.org.uk**

Closing date for applications:
9am, Monday 22nd September 2014.
Interviews w/c 29th September 2014

Completed forms to be returned to **jan.woodhead@pru.towerhamlets.sch.uk**

This post will require an enhanced DBS check and clearance. References will be sought. We are committed to safeguarding and promoting the welfare of our pupils, and expect all staff and volunteers to share this commitment.

Public notices

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – FOURNIER STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Fournier Street between its junction with Wilkes Street and its junction with Brick Lane.

The restriction on vehicular traffic will enable essential works to be carried out on the public highway by Pigstyle Limited.

The alternative routes for vehicular traffic will be via Commercial Street, Fashion Street and Brick Lane or Commercial Street, Hanbury Street, Greatorex Street, Chicksand Street and Brick Lane or Fournier Street, Wilkes Street, Hanbury Street, Greatorex Street, Chicksand Street and Brick Lane.

Throughout the duration of the works, the existing one way working in Wilkes Street will be reversed in a direction from south to north between its junction with Hanbury Street and its junction with Fournier Street.

The restriction on vehicular traffic will operate on the following days and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002:

a) Tuesday 7th October 2014 from 08:00 hours until 18:00 hours;

b) Tuesday 14th October 2014 form 08:00 hours until 18:00 hours.

Please refer any queries regarding the above traffic restriction to Charlie Harrison, Network Coordinator, on 020 7364 6671 or email, charlie.harrison@towerhamlets.gov.uk

Dated: 15th September 2014

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

Public&Legal Notices

LONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING ACT 1990

MAJOR APPLICATIONS UNDER ARTICLE 13(4)) OF THE TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) ORDER 2010 AND OTHER SIGNIFICANT APPLICATIONS.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

Site At Orchard Place, Orchard Place, London, E14 — **PA/14/2177/KHM**

Submission of reserved matters for Blocks A and M of Phase 2. The proposal comprises 417 residential units and 541 sq m GEA commercial floorspace. A full description of the uses is provided within the Planning Statement/Design & Access Statement submitted with the application. The outline planning application was an environmental impact assessment application and an environmental statement was submitted to the planning authority at that time.

Copies of the applications and plans may be inspected between the hours of 9am-1pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 14 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated 15th September 2014

OWEN WHALLEY
HEAD OF PLANNING & BUILDING CONTROL

TOWER HAMLETS

Public & Legal Notices

LONDON BOROUGH OF TOWER HAMLETS

PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990, SECTIONS 10, 67 AND 73

APPLICATIONS FOR LISTED BUILDING CONSENT AND APPLICATIONS FOR DEVELOPMENT WHICH WOULD IN THE OPINION OF THE LOCAL PLANNING AUTHORITY AFFECT THE CHARACTER OR APPEARANCE OF AN AREA DESIGNATED AS A CONSERVATION AREA OR WOULD AFFECT THE SETTING OF A LISTED BUILDING.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

15 Durant Street, London, E2 7BP **PA/14/2337/KHA**
Application for Minor-Material Amendment to planning permission dated 16/06/2014, ref: APP/E5900/A/14/2214803, LBTH Ref: PA/13/02794

777-785 Commercial Road, London, E14 7HG **PA/14/2368/GMA**
Erection of a 28m x 7m externally illuminated vinyl banner advertisement for a temporary 18 month period on the front elevation of property

Limehouse Christian Centre, 649-651 Commercial Road, London **PA/14/2367/LAB**
Replacement for sign granted temporary consent as PA/07/01286. 1 no 1.60 m x 3.60 m single sided signcomp flexbox banner sign, to be powder coated black background with white lettering. The remains of the existing key clamp frame from the old sign will be removed.

14 New Road, London, E1 2AX **PA/14/2187 & 2188/ADW**
Replacement of existing single-glazed timber framed sash windows on the front elevation of the Grade II listed building at first and second floor level with new double-glazed timber framed sash windows.

570-574 Commercial Road, London, E14 7JD **PA/14/2294/PLA**
Conversion of first & second floors of the existing health club and erection of a mansard roof extension to form 3 x two-bedroom flats. Formation of ground floor residential refuse & cycle stores and alterations to the ground floor club entrance.

83 Fieldgate Street, London, E1 1JU **PA/14/2308/GMA**
Modifications and improvements to the existing kitchen extract system. Incorporating grease, odour and smoke filtration and noise abatement.

Site At Rear Of 40 Turners Road, Turners Road, London **PA/14/2157/CSK**
Minor Material Amendment through variation to Condition 2 (approved plan numbers) of planning permission dated 11/11/2013, ref PA/13/02340.
Amendment: The addition of an enclosed porch to the main entrance as shown on the revised plans and elevation drawings.

235 Whitechapel Road, London, E1 1DB **PA/14/2299/GMA**
Application to display new exterior signage.

Poplar Post Office, 22 Market Square, London, E14 6AB **PA/14/2247/KFL**
Change of use of former Post Office shorting depot (B1 & B8) to Educational and leisure facility (D1 and D2) with open roof top play area and associated internal/external changes.

Central Foundation Girls School, 25-33 Bow Road, London, E3 5AN **PA/14/2174/SHA**
Erection of a freestanding prefabricated canopy to external wall of Block C dining hall facilities, to create a covered way above existing footpath.

1 Brady Street, London, E1 5DG **PA/14/2300/JTH**
A mansard roof extension to provide additional living accommodation

22A Hanbury Street, London, E1 6QR **PA/14/2244/MCH**
Replacement of 9no. existing windows in Hanbury Street Elevation

31 St Katharines Way, London, E1W 1LP **PA/14/1215/KHA**
Replace the existing wooden framed windows and door (Patio) in exchange for aluminium white finished double glazed units.

The following are householder applications and in the event of an appeal against a refusal of planning permission, which is to be dealt with on the basis of representations in writing, any representations made about these applications will be sent to the secretary of state, and there will be no further opportunity to comment at appeal stage.

79 Saunders Ness Road, London, E14 3EB **PA/14/2307/CSK**
Erection of second floor extension.

30 Massingham Street, London, E1 4EW **PA/14/2273/PLA**
Erection of a part ground part first floor side extension in the Massingham Street elevation

37 Wimbolt Street, London, E2 7BX **PA/14/2336/KHA**
Installation of lightwell to front of property at basement and ground floor levels.

Copies of the applications and plans may be inspected between the hours of 9am-5pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated: 15th September 2014

OWEN WHALLEY
Head of Planning and Building Control

TOWER HAMLETS

Public and Legal notices inform the public of planning act notices from roads to buildings as well as licensing act notices, insolvency acts, notices to creditors, missing beneficiaries etc.

Public & Legal Notices

LONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING ACT 1990 (AS AMENDED)

TOWN & COUNTRY PLANNING (ENVIRONMENTAL IMPACT ASSESSMENT) REGULATIONS 2011 - REGULATION 22

NOTICE UNDER ARTICLE 8 OF APPLICATION FOR PLANNING PERMISSION ACCOMPANIED BY AN ENVIRONMENTAL STATEMENT
LONDON BOROUGH OF TOWER HAMLETS

PROPOSED DEVELOPMENT OF LAND AT:
South Quay Plaza, 183-189 Marsh Wall, London **PA/14/944/NAS**
South Quay Plaza, 183-189 Marsh Wall, London, E14

PROPOSED DEVELOPMENT:
Demolition of all existing buildings and structures on the site (except for the building known as South Quay Plaza 3) and erection of two residential-led mixed use buildings of up to 68 storeys and up to 36 storeys comprising up to 890 residential (Class C3) units in total, retail (Class A1-A4) space and crèche (Class D1) space together with basement, ancillary residential facilities, access, servicing, car parking, cycle storage, plant, open space and landscaping, plus alterations to the retained office building (South Quay Plaza 3) to provide retail (Class A1-A4) space at ground floor level, an altered ramp to basement level and a building of up to 6 storeys to the north of South Quay Plaza 3 to provide retail (Class A1-A4) space and office (Class B1) space.

I give notice that GVA Grimley on behalf of Berkeley Homes (South East London) Ltd has submitted further information supplementing the Environmental Statement and revisions to the above application.

The Environmental Statement, the supplementary information and revisions are available for viewing by members of the public at all reasonable hours at the Council offices stated below. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address. Copies of the supplementary information may be obtained at a charge from GVA Grimley, 10 Stratton Street, London, W1J 8JR, 020 7911 2621.

Any person who wishes to make representations regarding the application, the additional information and the revisions should write to the Tower Hamlets Planning Service at Development & Renewal, Town Planning, Mulberry Place, 5 Clove Crescent, London E14 2BG within 21 days beginning with the date of this notice.

Dated: 15th September 2014

OWEN WHALLEY
HEAD OF PLANNING AND BUILDING CONTROL

TOWER HAMLETS

On your marks, get set, go...

"Being the young mayor for Tower Hamlets means I get to meet a variety of people who have a range of skills. The Youth Service Games provided them with a platform to showcase their talent."

YOUNG MAYOR MAHDI ALAM (LEFT)

'Very competitive'

Every youth club in the borough was represented at this year's Youth Service Games.

SEE BELOW

Sporting stars showcase their talents

Amy, 16, gets set with a bow and arrow with advice from Antony of the Urban Adventure Base

Simiya, 12, plays table tennis

The keepie uppie challenge

BY RAJU MIAH

HUNDREDS of young people finished off their summer holidays this year by attending the annual Tower Hamlets Youth Service Games.

The initiative, originally designed to maintain the Olympic Games legacy, saw youngsters from across the borough compete in a number of sporting activities to be crowned the annual Youth Service Games champion.

Archery, badminton, cycling and table tennis were among the competitions on offer, alongside a number of other activities such as keepie uppie – a kick-up competition which saw teenagers juggle a football on their legs for more than ten minutes.

Boys and girls youth club football teams also fought hard for the cup with several matches ending with a heart-stopping penalty shootout.

The games, open to young people aged 13-19 or up to 25 with additional needs, allowed them to represent their area in a sport of their choice.

This year saw mixed groups representing every youth club in the borough compete to win the most trophies and be crowned the ultimate champion, with LAP 3 – Whitechapel, St Dunstan's and Stepney Green – being crowned the 2014 winner.

Young Mayor Mahdi Alam said: "This year's games were very competitive, with a lot of talented participants. The Youth Service Games provide young people with a platform to showcase their talent and I was honoured to hand out trophies to the winners and runners-up."

The council is determined to maintain the positive impact from the Olympic Games and ensure residents of all ages continue to benefit from the Games legacy.

Cabinet member for education and children's services, Cllr Gulam Robbani, said the Youth Service Games had been one of the best so far.

Maisha, 12, cycles against the clock

Thumbs-up for the games

Youth service workers at the games

Public notices

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – LIGHTERMANS ROAD E14

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Lightermans Road between its junction with Mastmaker Road and its junction with Millharbour.

The restriction on vehicular traffic will enable essential crane works to be carried out on the public highway by Select Plant Hire.

The alternative route will be via Mastmaker Road, Marsh Wall and Millharbour and vice versa.

Throughout the duration of the works, and at times when the "one way" and "no entry" traffic signs are covered, the existing one way working in Millharbour between its junction with Lightermans Road and its junction with Marsh Wall will be temporarily suspended.

The restriction on vehicular traffic will operate on the following days:

a) Thursday 25th September 2014 at 08:00 hours until Wednesday 1st October 2014 at 18:00 hours;

b) Thursday 2nd October 2014 at 08:00 hours until Wednesday 8th October 2014 at 18:00 hours

c)Thursday 9th October 2014 at 08:00 hours until Wednesday 15th October 2014 at 18:00 hours.

This is when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to John Parsons, Network Coordinator, Transport and Highways on 020 7364 6680 or email, john.parsons@towerhamlets.gov.uk

Dated: 15th September 2014

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

PUBLIC NOTICE

NEW PREMISES LICENCE, LICENSING ACT 2003

NOTICE IS GIVEN THAT Mr. Nurettin Erdogan has applied to London Borough of Tower Hamlets Council for a Premises Licence under the Licensing Act 2003 at the premises: "Lions Express" (which will be the new name of the premises) at 121-123 Poplar High Street Poplar E14 0AE.

The Licensable Activities is the Supply of Alcohol for consumption off the premises from Sunday to Thursday 07:00hrs to 00:00hrs and Friday and Saturday 0700hrs to 01:00hrs throughout the year.

Anyone who wishes to make representations regarding this application must give notice in writing to: London Borough of Tower Hamlets Council, Licensing Section Mulberry Place 5 Clove Crescent London E14 2BG.

Representations must be received no later than 9th October 2014.

The Application Record and Register may be viewed at London Borough of Tower Hamlets Council Licensing Department during normal office hours at the above address.

It is an offence under Section 158 of the Licensing Act 2003, knowingly or recklessly to make a false statement in connection with an application and the maximum fine for which a person is liable on summary conviction for the offence is up to level 5 on the standard scale (£5000)

Walliams in the water

Comedian David Walliams will take part in SwimBritain at the London Aquatics Centre on September 20.

WWW.SWIMBRITAIN.CO.UK

Grown-ups can come too!

Tower Hamlets Canoe Club is an adult section of Shadwell Basin Outdoor Activity Centre and holds sessions every Tuesday where both experienced and new members practise paddling.

WWW.TOWERHAMLETSCANOECLUB.CO.UK

Rob Edwards at Shadwell Basin Outdoor Centre

Sailing

Time to have fun on the water

IT'S called simply Paddlefest but for many residents it could become a way of life.

Taking place at Shadwell Basin Outdoor Activity Centre in Glamis Road this weekend, September 20 and 21, it is a two-day introduction to everything that's fun in the water.

Shadwell is one of the leading centres in London for canoeing and kayaking. In conjunction with Tower Hamlets Canoe Club, it is offering various paddle sports and outdoor activities, catering for people of all abilities who want to try water sports, improve their skills or try new equipment.

A weekend ticket for ages 18 and over will cost just £30, giving access to a choice of morning and afternoon sessions on both days, as well as a barbecue and bar on the Saturday evening.

Activities will range from taster sessions for beginners, river trips, first aid and survival training as well as bushcraft and kayak repair workshops.

Sessions will be run by trained coaches and guides from 10am-1pm and 2-5pm.

All proceeds will go to Shadwell Basin to support their work with youth groups.

For more details and to book online go to **www.shadwellbasin.co.uk /event/paddlefest-2014**

Tower Hamlets Canoe Club is an adult canoe and kayak club based at Shadwell Basin run by volunteer coaches and offering a monthly beginners course and training up to intermediate level in sea kayaking, white water paddling and open boating.

More information at **www.thcc. org.uk**

Boxing

Buglioni decides on a change

FRANK Buglioni, the former Bethnal Green amateur starlet, has parted company with his long-term trainer Mark Tibbs.

The one-time Repton boxer has decided he needs a change of routine and has signed up with Steve Collins, the former world super middleweight champion.

There was no animosity in the break-up with Tibbs but Buglioni admitted he needed a change of scenery and wanted a more American approach to his boxing style.

The split comes as Buglioni prepares to fight a selected opponent on Frank Warren's Queensberry Promotions show at York Hall, Bethnal Green this Saturday, September 20.

This will also be his first fight over the ten-round distance.

MARIANNE Marston is booked to fight Hungary's Marianna Gulyas at York Hall on Saturday, October 25 with the Malta Boxing Commission's International Super Bantamweight title at stake.

And if she beats Gulyas, she could be in line for a crack at the world title.

East Londoner Marston, who runs keep fit classes for women at Canning Town's TKO gym, has had two fights at York Hall which lasted only a total of 171 seconds. Now she hopes it's another quick night and a New Year title shot.

Ruqsana faces a long trek for 2015 title

Ruqsana Begum faces a long journey for title fight

BY PETER FAULKNER

RUQSANA Begum may face a gruelling 4,649-mile journey if she is to become the world kick-boxing champion.

The science technician at Swanlea School in Whitechapel was hoping for a return fight with the talented Italian Silvia La Notte for the world Muay Thai title in London this year.

But 30-year-old Begum has been told she will probably have to go to India to face La Notte and it won't be before January.

Last year Ruqsana looked like becoming world Muay Thai champion when she fought La Notte.

She was ahead on points, but seemed to stagger slightly and her coach pulled her out of the fight thinking something was wrong. In fact there was nothing wrong.

In the meantime Ruqsana is scheduled to fight at Bethnal Green's York Hall this Friday, September 19 in a warm-up contest against a selected opponent.

Ruqsana, who has held the British Muay Thai title since 2010, is a busy woman these days and, as a qualified trainer, has set up her own Muay Thai gym at the Osmani Centre in Underwood Road, Stepney with classes every Wednesday at 6.30pm.

Contact Ruqsana at **www.ruqsana-begum.com**, email **ruqsanabegum2k@hotmail.com** or call her on 07984 009135. Her Facebook page is **www.facebook.com/britishmuaythai**

Tennis

Spreading the word at Lee Valley

LEE Valley Hockey and Tennis Centre is spreading the skills of tennis across east London with more than 3,000 pupils from Tower Hamlets, Hackney, Waltham Forest and Newham schools introduced to the sport in the last eight weeks.

Tennis development officer Richard Love and a team of coaches from the London 2012 venue in Queen Elizabeth Olympic Park have been delivering tennis taster sessions in

schools in collaboration with the Lawn Tennis Association and Tennis Foundation.

Love said: "Locally there's not been an awful lot of tennis up to now. There are a few good tennis clubs in the area that are giving children and adults the opportunity to play, but none with the amazing facilities we have here.

"I'm in the community and going into schools and when they try it for the first time they are absolutely loving it."

For more information on Lee Valley Hockey and Tennis Centre go to **www.visitleevalley.org.uk/hockeytennis**

Swimming

Signing up to make a splash

TOWER Hamlets residents have been signing up to make a big splash this weekend alongside Great Britain and Olympic swimming stars.

Sunday sees the start of the annual SwimBritain event at London Fields lido and local swimmers will be competing alongside four-time Olympic medallist Rebecca Adlington (pictured right), Paralympian hero Ellie Simmonds, and GB athletes Michael Jamieson and Jessica-Jane Applegate.

British Gas SwimBritain aims to encourage more people to swim more regularly as the team relay event returns for a second year.

By taking part, all SwimBritain participants will have the opportunity to meet the

Olympian breaststroker as well as the other stars of the pool.

SwimBritain500 is designed with families in mind, where team members swim half the distance (125m, four times).

No need to sit on the sidelines

There are many ways you can take part in sport and improve your fitness in Tower Hamlets. Our listings include everything from cricket to yoga and aerobics to taekwondo.

Tell the East End

Do you have a sports club you would like to be included in our listings? If so email the details to...

EASTENDLIFE.NEWS@TOWERHAMLETS.GOV.UK

Football round-up

Gilroy the hero with a double

Basildon Town 2 – FC Hamlets 3

LAST season FC Hamlets won an incredible five trophies. Their quest for further glory has started with an Essex Olympian League Divisional Cup first round match at Basildon Town.

And they will probably be kicking themselves that after going 2-0 ahead they allowed Basildon back into the tie.

Hamlets started well and after just two minutes took the lead when a long goal kick from keeper Nick Pyne beat the defence for striker John Gilroy to place it past the advancing Basildon keeper.

The east Londoners continued to apply pressure and got a second goal after 22 minutes – a perfectly weighted pass from player-manager Ashley King for Gilroy to make it 2-0.

Chances continued to come throughout the first half with Gilroy hitting the post, chances saved or put wide.

But they allowed Basildon to get back into the game with a goal in the 50th minute and ten minutes later they were awarded a penalty when Hamlets left back Alfonso brought down Bowers, who took the sides level on 2-2.

Chances again went begging during the second half which left Hamlets wondering if they would pay the price for not putting the game out of reach.

It was end-to-end action as both teams battled to get the winner and avoid a replay. With 15 minutes to go Hamlets introduced debutant Kai Dobson, who immediately made an impact.

With three minutes to go, the substitute collected the ball and dribbled into the penalty area, hit the by-line and put in a low cross for King to cheekily back heel the ball between his legs into the goal to continue his recent scoring form.

Hamlets are now at home to Division One side Mansford Way.

FC Hamlets: Pyne, Lottrie (C), Casey, Morris, Gilroy, Baudrier, Hoy, Aggabi, Alfonso, King, Best, Dobson, Lennon, Waggah.

Summer of success

BY PETER FAULKNER

TOWER Hamlets are the first champions of the Inner London Football League's Summer League Premiership title, but it was a close run affair.

The season started back in May when the seven teams faced each other. Tower Hamlets drew their first game but as the season progressed they kept up with early pace setters London Tigers and London APSA and took full advantage of their closest rivals drawing against each other.

Going into the Ramadan break, Tower Hamlets were neck and neck with Tigers and APSA.

On the final day of the league, Tower Hamlets were up against APSA, knowing they were one of three teams that could still win the championship.

Tigers had the favourable game against second from bottom Bromley.

Right up to half-time, the league looked like it would be taken by Tigers who stormed into a 4-0 half-time lead while Tower Hamlets game remained stalemate.

But what a turnaround for Tower Hamlets as a devastating second half display of passing football resulted in a 4-0 victory, while Tigers could only manage a 5-1 win giving Tower Hamlets the title by a mere six-goal difference.

Tower Hamlets manager Nurul Hoque said: "With top quality sides in this premiership, it's truly a great feeling to know we have become champions."

In the Summer League First Division, SCTA won the title with a 100 per cent record although there were some good new teams and proved this great summer competition has a lot to offer.

Tower Hamlets celebrate their victory in style

Summer League First Division winners SCTA with their shield

Bengal crash

Baldock Town 4 – Sporting Bengal 1

NO happy cup story for Sporting Bengal when they travelled to Baldock Town in the first qualifying round of the FA Vase competition.

Their cup hopes were dead and buried after they went 4-0 down and it was just a matter of playing for pride after that.

Two goals from Nathan Aulsberry, and one apiece from Lee Pateman and Jack Gregson ended the tie.

Javier Riviera pulled one back late on in the game, but by then it was too late.

Jamie double

Westward u10 Lions 4 – Belonians 3

AFTER a tense start Westward took the lead through Patrick Walker with a half volley.

Belonians equalised soon after with a simple finish after Ben Stanley made a great save from a long range effort.

Westward regained the lead with a good finish from a tight angle by Jamie Balls before Raheem Fernandes restored their two-goal advantage.

The advantage did not last long as Belonians scored just before the break.

The second half started with Belonians making the breakthrough to make it 3-3 before a great passing move from Westward led to the winning goal from Balls.

Westward u10 Tigers 3 – Tigers JFC 3

THESE were two well matched teams and Tigers took the lead with a well worked move, but two minutes later Westward equalised from a corner and then took the lead just before the break.

Tigers JFC had a fast start to the second half drawing level within minutes and then took the lead with 10 minutes remaining.

Westward pushed for the equaliser which came from a free kick after Tigers' keeper handled outside the box.

Ladies go on an eight goal blitz

Tower Hamlets WFC 8 – Katabella FC 1

TOWER Hamlets Women's FC kept hold of second place in the Greater London Women's League, Division Two (North) with a rampant display at Millwall Park.

The Cows played some slick football and were far too classy for bottom of the league Katabella, who were due to host Tower Hamlets again as we went to press.

After an early onslaught the deadlock was broken when Carmel Pragnell stole the first goal of her hat-trick with a good shot to the keeper's left.

Katabella, to their credit, withstood some real pressure aided in no small part by some outstanding goalkeeping.

Pragnell linked up beautifully with Alex Milne and Bea Aguilar, the sheer speed and fluency of the Cows' front three dazzled Katabella, allowing all of them to score before half-time.

Katabella's humiliation continued in the second half as they were torn apart. Winger Bea Aguilar made routine 60-yard breaks down the right side and the Spaniard's pace and movement was consistently untouchable while her finishing was breath-taking, rewarding her with two goals and the player-of-the-match.

The only disappointment of the day for the Cows was the lack of the ever-elusive clean sheet, but one lucky goal could not quell the Tower Hamlets threat – Pragnell, Milne and Rebecca Brown all adding goals in the second half.

Wealdstone Reserves 3 – Tower Hamlets WFC 1

THE omens were good for Tower Hamlets as they kicked off the 2014/15 campaign with a new boss at the helm, an immaculate playing field and the return of familiar faces.

Wealdstone, though newcomers to the Greater London Divisions, went and spoiled the script.

Some smooth interplay between Natalie Keating, Bea Aguilar and Alex Milne gifted the latter an opportunity from six yards out and she put the Cows ahead on the ten-minute mark.

The youthful Wealdstone side frequently threatened and, although goalkeeper Alexandra Lazarus halted them time and again, she couldn't stop them getting level just before half-time.

Tower Hamlets continued to have a generous share of the possession, but were unable to make it count in the final third.

Tired legs and multiple injuries didn't help the Cows' cause, and momentum was somewhat lost when they conceded twice in quick succession.

Teams wanted

EAST London Sunday Football League has delayed the start of its season until September 21 – because it needs more teams.

They should have kicked off on September 7 but have put back the start to find two or three more teams.

At present they have ten teams in the Premier and nine each in the first and second divisions.

If you want to enter a team in one of the cheapest leagues around, call Jeff Gordon on 07585 941520 or email **jeff-gordon@hotmail. co.uk**

More inside

For stories on football, tennis, swimming, boxing and sailing...

SEE PAGES 34 & 35

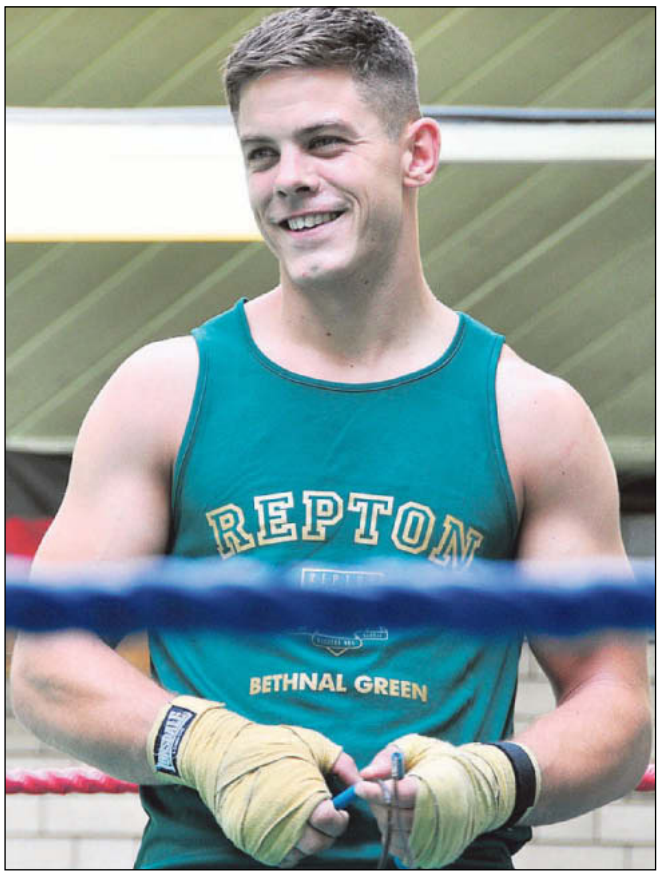
New kids on the dock

Paddlefest, a two-day introduction to everything that's fun in the water, takes place at Shadwell Basin Outdoor Activity Centre in Glamis Road this weekend, September 20-21.

SEE PAGE 34

TOWER HAMLETS
eastendsport
NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Ryan has eyes on the prize



Repton ace Ryan Pickard

BY PETER FAULKNER

RYAN Pickard is on a punishing 20-day mission that could end with Repton Boxing Club landing a £50,000 prize.

Pickard has been chosen by perfume giants Paco Rabanne to compete in season 2 of their Invictus Games Award – a series of tough athletic trials designed to test strength, stamina and willpower.

Between now and September 26 Ryan, who was a junior world silver medallist, European bronze medallist and a Commonwealth Games youth gold medal winner, is one of seven athletes from around the world pitted against each other.

They have been brought together for the second year in succession, to race in triathlons, BMX biking, swimming and running – all under the scorching North African sun.

And he needs local people to vote for him to help assure the prize money goes to the Bethnal Green club. The athlete with the most votes at the finish gets the money and Ryan wants you to get behind him.

"This means a lot because the Repton club has done so much for me," said Pickard, nicknamed Ryan the Lion.

Pickard is up against an 800m runner, a BMX champion, polo player, pole vaulter, triathlete and a crossfit expert.

And just to lay down a marker he finished runner-up in the triathlon – and that was won by the top French triathlete.

Pickard told East End Life: "It would be nice to be able to give something back to Repton – and £50,000 can do a lot to help other youngsters.

"For men and boys who often don't have a lot going for them, it's a way of developing personally and exploring new horizons.

"I have been involved with Repton for 20 years and it has given me a rich life experience for which I am grateful.

"So when I see those kids of six and seven starting out like I did, I want to give something back to the club and the community."

Vote for Ryan at **www.pacorabanne.com/invictus**

Super Zahid

Tennis

ZAHID Sufian, right, the seven-year-old Wapping tennis starlet, has reached another final.

He competed in an Orange tournament at Aldersbrook in Wanstead and was beaten by just a point.

He lost to an Orange 3 player who plays and trains at Aldersbrook.

On his route to the final, Zahid beat an Orange 1 and Orange 2 level player, both older and graded higher than him.

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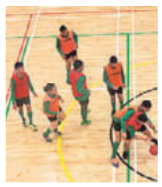
Unit 21-22, 1-13 Adler Street, London E1 1EG Aldgate East / Whitechapel
ENROLLING NOW for SEPTEMBER 2014



AS YEAR 6 PUPILS ENTER THEIR LAST YEAR IN PRIMARY SCHOOL, FIND OUT WHEN SECONDARY SCHOOLS HOLD THEIR OPEN EVENINGS

ISSUE 1027 **15–21 SEPTEMBER 2014**

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Open Evening
4:30 - 7:00pm Thursday 25th September

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George Green's School
Open Evening
and Open Sessions

Ofsted Good School, "driven by the passionate belief that all students, irrespective of their circumstances, are entitled to the best possible education."

Thursday 2nd October 2014
5pm - 7:30pm

Come and See the School at Work
Monday 29th September - 2nd October 2014
9am - 11am

George Green's School, 100 Manchester Road, Isle of Dogs, London E14 3DW
www.georgegreens.com Tel: 020 7987 6032

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Get a school life

Our schools are an 'inspiration'

SCHOOLS in Tower Hamlets are among the best urban schools in the world, according to three academic experts.

The glowing assessment is one of the conclusions of an independent report analysing how the council transformed the performance of the borough's schools, published in December.

In 1997 Tower Hamlets' schools were rated the worst in the country and the following year Ofsted declared the council's education department, the best-funded in the country, to be failing.

Today, Tower Hamlets is seen as an educational success story, with excellent schools and exam results.

Three respected educational academics, Prof David Woods, Prof Chris Husbands and Dr Chris Brown, analysed how this turnaround was achieved in their report, called Transforming Education for All: the Tower Hamlets Story.

The authors said other local authorities in areas of deprivation around the world could learn the lessons of Tower Hamlets, particularly as the improvement of schools was borough-wide.

The report concludes: "The experience of Tower Hamlets since 1998 is inspirational. It shows that improvement is not only possible but achievable, that improvement in some schools does not need to be bought at the expense of others and that improvement can not only be sustained but surpassed.

"As a result, it is not unreasonable to argue that what Tower Hamlets has created are some of the best urban schools in the world."

Clinical psychologist Professor Tanya Byron gave the first in a series of motivational talks to Morpeth School sixth form students last week; front page: Head teacher Cath Smith outside the new Bow School.

LANGDON PARK SCHOOL

Excellent teaching, calm happy and purposeful atmosphere…

Come and see for yourself what a day in our school is like…

OPEN MORNINGS
Monday 15th - Friday 19th September, 9:30 – 10:55

Langdon Park School | Bright Street | E14 0RZ
020 7987 4811

BOW SCHOOL

44 Twelvetrees Crescent,
London E3 3QW
020 8980 0118
www.bow-school.org.uk

Open Mornings
Tuesday 16th September at 9.30am
Thursday 9th October at 9.30am

Open Evening
Thursday 18th September 4pm to 7pm

Open Saturday
27th September at 10am – 12 noon

To reserve your place please email:

transition@bow-school.org.uk

Oaklands School
A Learning Community

Oaklands Outstanding Examination Results

A Learning Community

Oaklands Sixth Form

50% A Level Students at Russell Group/top Universities
60% A Level Students at Oaklands achieve 3 A*-B
Average grade per subject entry - B

Oaklands GCSE Results

GCSE English - 75% A*-C
GCSE Maths - 73% A*-C
GCSE Science - 70% A*-C

Madeha Ahmed 6A*/4A GCSE's

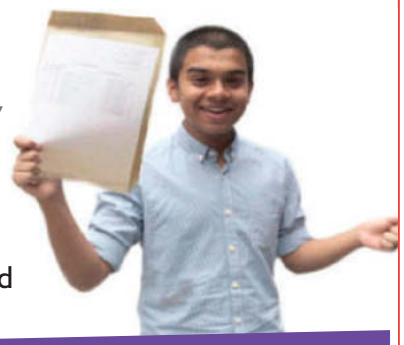
"At Oaklands we choose to succeed and we do, year on year!"
21 August 2014

Madeha will be studying History, Politics, Economics and Maths at Oaklands Sixth Form.

Tahmidur Rahman 6A*/4A GCSE's

"It all comes from hard work, incredibly supportive teachers and family, and a positive frame of mind."
21 August 2014

Tahmidur will be studying Sciences and History at Oaklands Sixth Form.



WANT TO KNOW MORE?

Our Year 6 Prospective Parents Open Events are:

Tuesday 16th September 2014	9.00am – 10.30am
Wednesday 17th September 2014	9.00am – 10.30am and 5.00pm – 6.30pm
Thursday 18th September 2014	9.00am – 10.30am

Come and see us at our Open Events when presentations by the Headteacher begin promptly at 10.00am on the morning sessions and 6pm on the evening session.

11 – 19 Comprehensive • Old Bethnal Green Road, London E2 6PR • 020 7613 1014 • www.oaklands.towerhamlets.sch.uk

London Enterprise Academy

"Learning for Life"

Year 6 Open Days

Open Evenings
4.00pm – 6.30pm
Thursday 25 September
Thursday 2 October

Morning Visits
9.30am – 11.30am
Monday 22 to
Thursday 25 September

Family Fun Day
12.00pm – 3.00pm
Saturday 11 October 2014

Venue:
Aneurin Bevan House,
81-91 Commercial Road

A new free secondary school in Whitechapel, Tower Hamlets

Tel: 020 7426 0746 **E-mail:** info@londonenterpriseacademy.org **Website:** www.londonenterpriseacademy.org

wapping high school
raising aspirations, broadening horizons

Come and join Wapping High

We are holding an open evening on
Tuesday 16th September
between 5-7pm

Open mornings are being held between
9.15-10.30am on the
18th, 19th, 22nd, 23rd and 24th
September

Places are available for years
7, 8, 9 and year 10 from
September 2015.

Come and be part of our community

020 7193 6337
www.wappinghigh.org
enquiries@wappinghigh.org

"Behaviour in lessons and around the school is impeccable"
"Lessons are exciting and stimulate the students' imaginations"
(OFSTED 2013, when Morpeth was again graded as "Outstanding")

OPEN EVENTS

FOR PROSPECTIVE PUPILS AND PARENTS

GCSE results:
- 79% of pupils gaining A*-C grades in English
- 79% of pupils gaining A*-C grades in Maths
- 10% of pupils gaining 8 or more A/A* grades

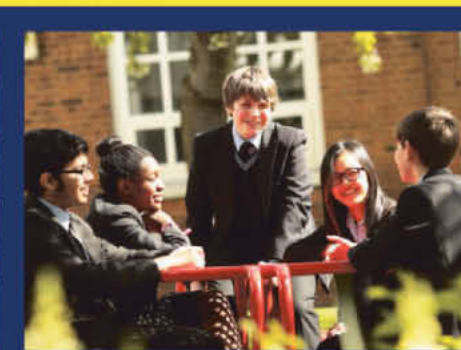
A level results:
- up significantly for the 4th year in a row
- 196 students from Cambridge Heath going to university
- 25% of students gaining places at Russell Group and 1994 Group universities

Exceptional extra-curricular programme: free individual music tuition for all, a wide range of sporting opportunities, residential experiences in England and abroad, extensive business mentoring and much more

OPEN EVENING:
Wednesday 1st October 2014
4:30-7:00pm
Headteacher's talk - 6:30pm

OPEN MORNINGS:
Wednesday 17 September 2014, 9:00-10:30am
Tuesday 23 September 2014, 9:00-10:30am
Thursday 25 September 2014, 9:00-10:30am
Wednesday 8 October 2014, 9:00-10:30am
Tuesday 14 October 2014, 9:00-10:30am

Morpeth is a co-educational school for pupils aged 11-18



www.morpethschool.org.uk | @MorpethSch

Morpeth School, Portman Place, London, E2 0PX | 020 8981 0921

RAINE'S FOUNDATION SCHOOL

Approach Road,
London, E2 9LY
Tel: 020 8981 1231

Raine's Foundation School

I fully understand how important it is to you as parents and carers to select the right secondary school for your son or daughter.

You will want the school to provide your child with opportunities to develop socially and academically in an environment which is challenging, caring and supportive. Raine's Foundation school is able to offer these opportunities.

Raine's offers something different. We are a smaller than average secondary school where pupils are taught on two separate sites. This means pupils are recognised as individuals which enables support to be tailored to their needs. Raine's is truly comprehensive and fully inclusive.

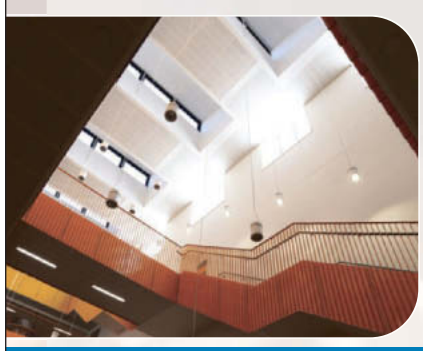
Years 7 and 8 are educated at the lower school, years 9 to 13 are educated at the upper school.

Having years 7 and 8 together in their own 'mini-school' removes many of the challenges that face pupils when they transfer to secondary school and makes the transition easier.

Raine's Foundation School is one of the oldest schools in London. We have played an important role in the east end for nearly 300 years.

Raine's Foundation Church of England Secondary School is an all ability co-educational school for girls and boys aged 11-19. The School is rightly proud of its long tradition of achievement within a Christian ethos and welcomes pupils from all faiths and those with none. Our aim at Raine's is to ensure that all our pupils can be the best they can be every day, ensuring they achieve their potential in all aspects of life.

Developing a sense of community is pivotal to the schools ethos, as we move further into the 21st century we are developing our community spirit to ensure Raine's Foundation School is a school for local children, just as it was when the school was established in 1719.



We are also developing our links beyond our immediate neighbourhood with links and visits to Europe, America the Middle East and China.

I look forward to meeting you at one of our 'open' events.

Mr J Bradshaw
Head teacher

TOUR DATES – INTAKE 2015

Open Day Tours – Upper school Approach Rd
Tours will start promptly at 9.15 am

Monday 15th September	9.15 am
Tuesday 16th September	9.15 am
Wednesday 17th September	9.15 am
Thursday 18th September	9.15 am
Friday 19th September	9.15 am
Friday 26th September	9.15 am
Friday 3rd October	9.15 am

Open Day Talk & Tour with Mr Bradshaw (Head teacher) Upper school Approach Rd

Saturday 20th September	10.00 am -12.00

Open Evening (Talk and Tours) – Upper school (Approach Road)

Wednesday 24th September	5.00 pm – 7.00 pm &
Thursday 2nd October	5.00 pm – 7.00 pm

Raine's Foundation School

ACHIEVING EXCELLENCE BY UNLOCKING POTENTIAL

Sir John Cass

Sir John Cass's Foundation & Red Coat CoE Secondary School and Sixth Form College

Following our recent success in the performance tables as 'the highest achieving school in the country' we are delighted to invite you to the private view of our

Art & Design Technology Exhibition

Date: Monday 29th September
Time: 4-6:30pm
Venue: The Great Hall

Work from students in Year 7 - 13 will be on display

www.sjcr.net

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